

Justice & Peace

Come Out and Play

Sacred Heart is having its **first golf tournament "Play FORE the Parishes" Aug. 27, at 1 p.m. at Ocean View Golf Course. Proceeds will benefit:**



- Several local ministries that provide assistance with rent, food, utilities, transportation, prescriptions, etc. to local people in need.
- Local shelter programs such as NEST, the Dwelling Place, FOR KIDS, the Gosnold Apartments and others.
- Sacred Heart's soup kitchen.
- Efforts to pay for teachers and provide food for the children of our sister parish, Saint Gabriel's in Haiti.

The tournament is less than a month away and we are still in great need of raffle prizes, donations, sponsors, and most of all players. Even if you are not a golfer, please get the word out to neighbors, co-workers, and family members who may be interested in playing or donating.

Please see the display in the Commons, pick up a form, and fill it out to indicate your support. Leave it in the in/out tray on the tournament registration table in the Commons.

If you can assist in any way please contact Sue Channel at Plentyofpets@gmail.com or Neil Walsh at 625-6763 or neil@sacredheartnorfolk.org.

Right to Life Please mark your calendars. 40 Days For Life will begin a new campaign here in Virginia Beach, Sept 20 - Oct 30. We could use a volunteer to attend the next organizational meeting, 7:00 PM, Aug 16 at St. Gregory's. Contact Tony Montesana (tonyment@cox.net) or Neil Walsh (neil@sacredheartnorfolk.org). More info at www.40daysforlife.org. Meanwhile, think about a commitment to prayer, fasting, and bearing witness to stop abortions.

Pilgrims Travel to Haiti



Please continue to pray for our pilgrims to our twinned parish of St. Gabriel in Lascahobas, Haiti. Patricia Britz and Neil Walsh have traveled there to spend time with our sisters and brothers, visiting schools, the sustainable garden, the goat herd, summer programs for the children, and bringing our good wishes to the people who pray for the community of Sacred Heart daily, and are so grateful for our prayers and our support of their projects. Neil and Patricia will return on August 14.

Migrant Ministry Donations

Members of Sacred Heart's migrant ministry team visit a camp on the Eastern Shore of Virginia, bringing clothes and supplies, and friendship, to the 500 men, women and children who live there, most for the summer growing season. We need your donations of clothing, especially small and medium sized men's clothes and shoes, toiletry articles, especially toilet paper, white athletic socks, diapers in sizes 3, 5 and 6, and sturdy women's clothes. The men especially need long sleeve button shirts to wear as protection when they are working in the fields, and pants and shoes. Our next trip is on Thursday, August 12, leaving Sacred Heart parking lot at 5:30. We will celebrate Mass with the camp residents that evening. All are welcome to join us, especially those who speak Spanish.



Community News & Events

Attention New High School Grads

If you recently graduated from high school, the Diocese of Richmond's Office of Campus and Young Adult Ministry wants your address. For those heading to a college or university in Virginia, the office will forward your information to campus ministers at the various schools in the state so that they can welcome you to campus and let you know what opportunities may be available to you. If you are staying in the area and will be entering the work force, the office will forward your information to regional young adult committees so they can welcome you and inform you about their activities. The link for 2010 high school seniors to go to is www.richmonddiocese.org/cyam/.

Host Families Needed at CHS



Bishop Sullivan Catholic High School in Virginia Beach is seeking host families for international students attending the school during the 2010-2011 school year.

Students come with their own insurance and spending money. Host families receive a \$450 stipend to help defray the cost of having an additional person in their home. Satellite bus service is available for students staying in Norfolk and Chesapeake. There also is local, 24-hour emergency support available. If you are interested or would like more information, please contact Maxine Williams at 430-8487, 348-8722 or maxine1229@cox.net.

Parish News & Events

Pre-School Teachers

Needed Our Pre-school program is taking a break for the summer and will return in early September. We need several people to staff this program. Lessons and activities for each Sunday are provided, so all that is needed is a love of children. For more information, contact Kim Chapman at kim@sacredheartnorfolk.org.



Planned Giving

The importance of planned giving to churches such as Sacred Heart cannot be measured. This has been demonstrated by the generous gifts various parishioners have left to Sacred Heart upon their deaths. These gifts allow the church to carry out its mission. They also allows donors to continue their charitable intentions after their death.

Planned giving is easy and can be done several different ways. These include outright bequests at death through wills and trusts, the designation of Sacred Heart Church as a beneficiary, a contingent beneficiary of individual and other qualified retirement accounts, or the designation of Sacred Heart as the beneficiary of various charitable trusts. Each of these methods can benefit an individual or an estate in many ways including reducing future estate taxes, reducing current and future income taxes, and eliminating long term capital gains on sales of securities. If structured properly, there are significant tax benefits to the donor and Sacred Heart Church receives the proceeds to carry out its mission.

The federal government will pass a new estate taxation law within the next few months. The new law will more than likely require adjustments to your estate plan. As your estate plans are reviewed, please keep Sacred Heart in your planned giving. If you would like to discuss these options in more detail, please contact Fr. Dan.

The Well Retreat Center

Wanted: Donations of New or Gently Used items for Silent Auction at **The Well Retreat Center's** Annual BBQ & Fund Raiser for Sept. 26, 2010. No item too big or small; arrangements can be made for delivery or pick-up. Please

Please Keep Glass Doors Closed

Please help us save energy and money by keeping both sets of glass doors leading into the Commons from the parking lot closed! A sign has been placed there as a reminder

Christian Formation

Returning Catholics

Is there a ceremony or preparation for baptized Catholics who never or seldom have practiced the faith?

For Catholics who have been baptized, confirmed and received First Communion, but then drifted from the faith, the way to return is through the Sacrament of Penance.

Catholics who were baptized but never received confirmation and Eucharist can return to the church through a process called continuing conversion. The process is completed with the reception of the sacraments of confirmation and Holy Communion during the Easter Season. If you would like more information, please contact Amy Woods at amy@sacredheartnorfolk.org or 625-6763.



Summer Sizzlers: August 2010

Join us for the annual Summer Sizzler series **every Wednesday in August**. Each evening will start with mass at 5:30 p.m., dinner at 6 p.m., and a presentation from 6:30 to 8 p.m.

Topics include:

- **Wednesday, Aug. 11:** Care for God's Creation: Genesis 1:1-13, **Clean Water** "Let there be a dome in the middle of the waters, to separate one body of water from the other." Presenter: Colleen Barranger .
- **Wednesday, Aug. 18:** Care for God's Creation: Genesis 1:14-19, **Clean Air** "Let there be lights in the dome of the sky, to separate day from night." Presenter: Jay Brown .
- **Wednesday, Aug. 25:** Care for God's Creation: Genesis 1:20-31, **Our Environmental Action Plan** "Let us make man in our image, after our likeness. Let them have dominion over the fish of the sea, the birds of the air, and the cattle, and over all the wild animals and all the creatures that crawl on the ground." We will have a ministries fair to show how we can all become more environmentally involved.



Catholic Social Teaching and The Our Father

We are one human family, the living Body of Christ, regardless of national, ethnic, religious, economic or ideological differences. Learning to live our Faith means that "loving our neighbor" has global dimensions in an interdependent world. We are our brothers and sisters keepers, wherever they live: Latin America, Ghent, Park Place, Haiti, Eastern Europe, Iraq, Pakistan, Palestine, Israel, or Afghanistan. Our Father means just that—we all have one Father/Mother: God. **"Our" doesn't mean just some of us, it means all of us.**