

SACRED HEART CHURCH

520 GRAYDON AVENUE · NORFOLK, VA 23507

THE 5TH SUNDAY IN ORDINARY TIME • FEBRUARY 5, 2012

Phone: 625-6763 • **Fax:** 627-1965

Website: www.sacredheartnorfolk.org

Email: office@sacredheartnorfolk.org

St. Patrick School: 440-5500

Parish Office Hours

Monday–Thursday: 9 a.m. to 3 p.m.

Friday: 9 a.m. to Noon

Mass Schedule

Saturday:..... 5:30 p.m.

Sunday:..... 8 & 11 a.m.

Tuesday & Wednesday:..... 5:30 p.m.

Thursday & Friday: 7 a.m.

Reconciliation

2nd and 4th Saturdays of the month at 4 p.m.

Rosary

Recited the first Sunday of the month, immediately following the 11 a.m. Mass.

Registration of New Parishioners

Third weekend of the month, immediately following each Mass.

Christian Initiation of Adults

If you have never been baptized and would like to explore the Catholic way of life, or if you were baptized in another Christian tradition and want to look into the possibility of full communion with the Catholic Church, we invite you to participate in our on-going Rite of Christian Initiation of Adults (RCIA) process. For more information, contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Baptism

Celebrated on scheduled weekends during Mass. At least one parent must be a registered, active parishioner for three months prior to the baptism and must take a baptism preparation class.

Contact the parish office at office@sacredheartnorfolk.org or 625-6763 for more information.

Marriage

Couples must attend a Marriage Information Class before setting a date for their wedding. For more information, please contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Ministry to the Sick & Homebound

If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Prayer Chain Ministry

Contact Susan Daniel with prayer requests at 436-2324 or sbdaniel@cox.net.



Parish Staff

Rev. Daniel N. Klem.....*Pastor*
Dr. James Gallatin.....*Music Director*
Neil Walsh.....*Director of Social Ministry*
Amy Woods.....*Director of Religious Education*
Kim Chapman.....*Coordinator of Religious Education*
Jane Harper.....*Administrative Assistant/Secretary*

Our Mission

We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Sacred Heart Events This Week

Sunday, Feb. 5

Readings:	Jb 7:1-4, 6-7/1 Cor 9:16-19, 22-23/Mk 1:29-39
8:00 a.m.	Mass for Sacred Heart Church
9:15 a.m.	Religious Education for all grades
9:30 a.m.	Gathering Committee Meeting
10:00 a.m.	Choir Practice
11:00 a.m.	Mass for Rusty Flick+
12:00 p.m.	Rosary prayed in the church
1:30 p.m.	Soup Kitchen Team # 1
6:30 p.m.	Just Matters Meeting: Global Climate Crisis
7:00 p.m.	Christian Origins Bible Study

Monday, Feb. 6

Readings:	1 Mc 1:10-15, 41-43, 54-57, 62-63/Lk 18:35-43
7:00 p.m.	Environmental Ministry Meeting
7:30 p.m.	Centering Prayer

Tuesday, Feb. 7

Readings:	2 Mc 6:18-31/Lk 19:1-10
5:30 p.m.	Mass for Rosemary Doud+

Wednesday, Feb. 8

Readings:	2 Mc 7:1, 20-31/Lk 19:11-28
9:30 a.m.	Staff Meeting
5:30 p.m.	Mass for Saint Gabriel's Parish+
6:00 p.m.	Children's Choir Practice
6:00 p.m.	Haiti Ministry Meeting

Thursday, Feb. 9

Readings:	1 Mc 2:15-29/Lk 19:41-44
7:00 a.m.	Mass for Debbie Thompson+
6:00 p.m.	RCIA Team Meeting
7:00 p.m.	RCIA Meeting
7:30 p.m.	Choir Practice

Friday, Feb. 10

Readings:	1 Mc 4:36-37, 52-59/Lk 19:45-48
7:00 a.m.	Mass for World Peace+

Saturday, Feb. 11

Readings:	1 Mc 6:1-13/Lk 20:27-40
4:00 p.m.	Reconciliation
5:30 p.m.	Mass for Peter Monseur+
6:30 p.m.	Youth Going to Admirals Hockey Game

Sunday, Feb. 12

Readings:	Ez 34:11-12, 15-17/1 Cor 15:20-26, 28/Mt 25:31-46
8:00 a.m.	Mass for Sacred Heart Church
9:15 a.m.	Youth Council Meeting
10:00 a.m.	Choir Practice
11:00 a.m.	Mass for Arthur Lovisi, Sr.+
1:30 p.m.	Soup Kitchen Team # 2
4:45 p.m.	The Gathering
7:00 p.m.	Christian Origins Bible Study

Mark Your Calendars

For Upcoming Sacred Heart Events.....

The Gathering at the Table.....	Sunday, Feb. 12
Pancake Supper.....	Tuesday, Feb. 21
Ash Wednesday Services.....	Wednesday, Feb. 22
Baptism Preparation Class.....	Saturday, Feb. 25
Registration Session	Sunday, Feb. 26
Registration Session	Tuesday, Feb. 28
Soup Supper Series Begins.....	Wednesday, Feb. 29
Marriage Information Class.....	Sunday, March 11
N.E.S.T. begins.....	Wednesday, March 14

Eucharistic Prayer IV

Preface

It is truly right to give you thanks,
truly just to give you glory, Father most holy,
for you are the one God living and true,
existing before all ages and abiding for all eternity,
dwelling in unapproachable light;
yet you, who alone are good, the source of life,
have made all that is,
so that you might fill your creatures with blessings
and bring joy to many of them by the glory of your light.

And so, in your presence are countless hosts of Angels,
who serve you day and night
and, gazing upon the glory of your face,
glorify you without ceasing.
With them we, too, confess your name in exultation,
giving voice to every creature under heaven,
as we acclaim:

Holy, Holy, Holy Lord God of Hosts....

Soup Kitchen Item of the Month

Dried Pasta, such as noodles,
macaroni, ziti and spaghetti.



Please bring the item of the month with you when you come to church and place it in the grocery cart in the Commons.

Question For the Week

Sunday, Feb. 5, 2012

Mark 1:29-39

For Adults: Where do you find strength for your call in life?

For Children: What things has God given you that brings you happiness?

Next Week's Readings

Feb. 12, 2012: 6th Sunday in Ordinary Time

Lv 13:1-2, 44-46; Ps 32:1-2, 5, 11; 1 Cor 10:31-11:1; Mk 1:40-45

In Jesus's time, leprosy was seen as punishment for sins involving speech, such as gossip and slander. People thought that persons with leprosy could contaminate others, so they were separated from the community for the good of all. Quarantined from healthy members of society, lepers were considered the living dead.

Although forbidden to do so, one leper had the courage to reach out to Jesus, pleading, "If you will to do so, you can cure me!" Although contact with the man rendered Jesus ritually impure, he did something no one else dared to do. He touched the leper, saying, "I do will it. Be cured!" Jesus warned the man not to tell anyone lest the deed appear as mere wonder-working. But the man could not restrain himself and joyfully told everyone of his healing. Today, humanity is afflicted with a disease worse than leprosy—moral and spiritual sickness. Unless treated, it might prove fatal.

For Reflection: Do I pollute my environment by my words and actions? Do I take part in parish penance services to heal my wounds?

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Time, Talent and Treasure

Fostering Stewardship as a Way of Life

This Week's Stewardship

Time and Talent Salute

In gratitude for God's gifts of time and talent to us, we gratefully acknowledge and salute:

Jim Gildea

For his many years of helping in our soup kitchen. Thank you, Jim, for giving your time and talent to the Lord through Sacred Heart parish.

Is there someone you would like to see recognized for their service to Sacred Heart? Send your suggestions to the office at office@sacredheartnorfolk.org or call 625-6763.

Be A Good Steward Of God's Creation



It is our responsibility to be good stewards of all God created. Check this space each week for tips on how you can help preserve and protect God's many gifts.

Layer up.

Layers are the easiest way to warm up in winter. When it comes to choosing your outdoor gear, go with an eco-aware brand like Patagonia. They make outerwear of excellent quality, but when your Patagonia pieces finally do wear out, the company takes them back and recycles them into new fabric. The company is also part of 1% For The Planet and takes on environmental campaigns.

Service Members Of Our Parish

We pray for members of our parish who are serving overseas, as well as their families:

**Nancy Lacore, Jack Curtis,
Amanda Norton and Shannon Smith**

If you would like to add or remove a name from this list, contact us at office@sacredheartnorfolk.org or 625-6763.



Pastoral Care

We pray for our sick and those in need of our prayers

Margie Sullivan, the sick of St. Gabriel's parish, Hilary Walsh, Mary Lou McPhaul, Kathleen Gross, Dan Reeves, Kara Cusano, Kit Miller Whitely, Leonard Leal, Regina Reeder, Aloyse Walsh, Mieczyslaw Jaroslaw, Sr. Agnes Seebach, Bernice Van Aalten, Cathy Thaden, Sr. Heddy, Sr. Valerie, and Mary Furr.

**Names of those in need of our prayers are updated at the beginning of each month. If you would like to add, renew or remove a name from the list, contact the office at 625-6763 or office@sacredheartnorfolk.org.*

Parish News & Events

The Gathering at the Table

“From the Rock of Ages
To Rock & Roll—Take Note!”



Sunday, Feb. 12
4:45 to 7:15 p.m.

Join guest presenter Elaine Rendler as she takes us on a musical journey through our faith as we experience milestones in church music and our lives.

Dr. Rendler is a teacher, author, editor, choir director, composer and internationally known clinician in church music. She has written several books, edits a quarterly church music publication, founded the Georgetown Chorale, and currently teaches at George Mason University.

The event will include a free-family style meal and age-appropriate programs for adults and children. The nursery will be available. Sign up after Mass!

Constant Contact Emails

We recently began using Constant Contact's e-mail system for parish and religious education communication. If you have a working e-mail address on file with the parish and have not been receiving these emails, please check your junk/spam folder. If you still are not receiving these emails please contact the office so we may correct the situation.

Pastoral Musicians Colloquium

Last week, Sacred Heart Music Director Jim Gallatin attended a National Association of Pastoral Musicians Colloquium in Washington D.C. which focused on the newly revised and accepted Grail Psalter. This translation of the psalms is the one that Fr. Joseph Gelineau, S.J., used when he began setting the psalms in French in the 1950s.

Giving Made Easier

Sacred Heart parishioners now have the option to administer their own electronic giving to the church through our new Electronic Giving Program. You can sign up on the parish website www.sacredheartnorfolk.org to have your offerings regularly and conveniently transferred from your checking, savings, debit card, or credit card account. A fast, easy and convenient method of giving to the parish.

Anointing of the Sick

A communal anointing of the sick will be celebrated at all Masses the weekend of **Feb. 18 & 19**. The sacrament is for those who are suffering from a physical or mental illness, as well as those dealing with an injury or awaiting surgery.

End of Year Donor Contributions

Letters detailing financial contributions made to Sacred Heart in 2011 by our registered parishioners were mailed Thursday. If you made contributions and do not receive a letter soon, please contact the office to get a copy.

Mardi Gras Pancake Supper

Tuesday, Feb. 21
6:00 to 7:30 p.m.
in the Commons



Tickets can be purchased after Mass or from the office.
Adults: \$5 Kids under 12: \$2 Family: \$15
\$2 more person more at the door.

We need volunteers to cook, serve, set up and clean up.
Questions? Call Pat Walsh at 440-2901 or email
pat.walsh@cox.net.

Come Join the Fun!

Christian Formation

Youth Ministry Saturday

Join us for an Admirals Game **Saturday, Feb. 11**. We will carpool from Sacred Heart at 6:30 p.m. The cost is \$14 and reservations need to be made by Wednesday, Feb. 8. A few drivers will be needed. Contact Amy Woods at amy@sacredheartnorfolk.org to sign up and volunteer.



A Day of Renewal for Youth

Middle and high school teens are invited to attend a day retreat **Monday, Feb. 20** (President's Day). We will gather at 8:15 a.m. at Sacred Heart to carpool to St. Therese in Chesapeake. We will return after the 4:30 p.m. Mass. Contact Amy Woods at amy@sacredheartnorfolk.org or 625-6763 by Feb. 5 to sign up. There is no cost.

Christian Formation

Youth Council Meeting

The youth council will meet on **Sunday, Feb. 12**, at 9:15 a.m. in the second floor classroom.

Adult Confirmation

Are you an adult who was baptized in the Catholic church, received First Reconciliation and First Eucharist, but was never Confirmed? If so, mark your calendar for Lent 2012. An adult Confirmation group will meet Thursday nights for the five weeks of Lent. Participants will celebrate Confirmation during the Easter Season. **The first meeting is Thursday, Feb. 23, at 7p.m.** Contact Amy Woods at vawoods1994@verizon.net or 625-6763 for more information and to sign up.



Do This in Memory of Me

The Eucharistic Prayer...In the institution narrative, ritual words and gestures by the priest are magnificently combined over the symbolic gifts of bread and wine that the baptized have not brought. Bread and wine have their meaning not only as the combination of creation and human labor; they also recall Israel's Exodus and the Passover meal. At the Last Supper, Jesus uses them to invoke this meaning. With the multiple meanings all floating in the air around him, Jesus takes the bread and wine into his hands and declares them to be signs that indicate the meaning of the death he will endure on the next day. When the priest repeats the same words and gestures of Jesus, the bread and wine are transformed into his Body and Blood; for, as was said above, the deeds of God once posited, do not grow old. They are rendered present again in the telling. *(Excerpt from Beyond First Communion—Ongoing Catechesis on the Words, Signs, Rituals, and Symbols used in the Eucharist by Fr. Jeremy Driscoll.)*

Reception into Full Communion

On Sunday, **Feb. 12**, at 11 a.m. we will celebrate the Rite of Reception into Full Communion with the Catholic Church. At this Rite we will welcome to the Table of the Lord Aaron Moser, who also will be confirmed during Mass. He was baptized in another Christian tradition and therefore is one with us in baptism. Aaron has been exploring the Catholic way of life with his sponsor and is now ready to be received into Full Communion with the Catholic Church. Please join us and stay for the reception afterward.



Justice & Peace

40 Days For Life Campaign

Christians throughout Hampton Roads are invited to take part in the international 40 Days for Life effort from Feb. 22 through April 1. In addition to 40 days of peaceful prayer and fasting for an end to abortion, please consider volunteering to pray outside Planned Parenthood, 515 Newtown Rd., Virginia Beach during the 40 days. To get more information, or volunteer to help, please contact: Marcia Hurley, at cdrdanhurley@yahoo.com or 685-1460, or Sacred Heart parishioner Tony Mentessana, at tonyment@verizon.net or 284-4875. More information is available in the Commons.

Migrant Ministry Spanish Lessons

The Migrant Ministry invites you to participate in a weekly Spanish class. The classes are being offered to help our parishioners communicate with the migrant workers and their families during visits to their camp. For more information please contact Angy at alandauro@gmail.com.

Medical Supplies Needed

The next pilgrimage to St. Gabriel in Lascahobas, Haiti is Feb. 29 to March 9. The parish nurse has asked for donations of adhesive bandages, medium to large bottles of Ibuprofen or Tylenol, children's vitamins, tubes of antibacterial and anti-fungal cream, and small bottles of iodine. Also needed are bottles of insect repellent spray with DEET to prevent the spread of malaria, stethoscopes and blood pressure monitors. Contact Dr. Katie Anderson at khanders@cox.net, or 625-0515 for more information. Together we continue praying for our families at home and in Haiti.

Laptops Needed

If you have a working laptop you are no longer using, please consider donating it to our twin parish in Haiti. Questions? Contact Neil at neil@sacredheartnorfolk.org.

Community News

An Evening with Steve Angrisano

Steve Angrisano, one of the most effective and versatile speakers in the Catholic Church today, will deliver his passionate message of faith, hope and love woven through his music and storytelling at 7 p.m. **Sunday, Feb. 19**, at St. Therese Church in Chesapeake. Cost is \$15. For advance tickets, go to www.sttheresechesva.org or call 488-2553.