

## This Week at Sacred Heart

<b>Sunday,</b> Readings:	<b>Aug 13</b> 1 Kgs 19:9a, 11-13a/Ps 85:9-14/Rom 9:1-5/Mt 14:22-33
8:00 a.m.	Mass/People of Sacred Heart
10:00 a.m.	Choir Practice
11:00 a.m.	Mass/Salvador Dizon, Sr. Gail Kuhnemann Michael Rusteck
1:30 p.m.	Soup Kitchen #2
4:00 p.m.	Contemporary Music Practice
<b>Monday,</b> Readings:	<b>Aug 14</b> Dt 10:12-22/Ps 147:12-15, 19-20/Mt 17:22-27
All Day	MS Summer Event
7:00 p.m.	J&P Meeting
7:30 p.m.	Centering Prayer
<b>Tuesday,</b> Readings:	<b>Aug 15</b> Vigil: 1 Chr 15:3-4, 15-16; 16:1-2/Ps 132:6-7, 9-10, 13-14/1 Cor 15:54b-57/Lk 11:27-28
All Day	Solemnity of the Assumption of Mary
All Day	HS Beach Week
5:30 p.m.	Daily Mass/Carrie H. Knack
<b>Wednesday,</b> Readings:	<b>Aug 16</b> Dt 34:1-12/Ps 66:1-3a, 5, 8, 16-17/Mt 18:15-20
All Day	HS Beach Week
5:30 p.m.	Daily Mass
6:00 p.m.	Eucharist Adoration
<b>Thursday,</b> Readings:	<b>Aug 17</b> Jos 3:7-10a, 11, 13-17/Ps 114:1-6/Mt 18:21--19:1
All Day	HS Beach Week
7:00 p.m.	RCIA
<b>Friday,</b> Readings:	<b>Aug 18</b> Jos 24:1-13/Ps 136:1-3, 16-18, 21-22, 24/Mt 19:3-12
All Day	HS Beach Week
12:00 p.m.	Daily Mass
<b>Saturday,</b> Readings:	<b>Aug 19</b> Jos 24:14-29/Ps 16:1-2a, 5, 7-8, 11/Mt 19:13-15
4:00 p.m.	Contemporary Music Practice
4:30 p.m.	Reconciliation
5:30 p.m.	Mass/People of Sacred Heart
5:30 p.m.	Contemporary Music
<b>Sunday,</b> Readings:	<b>Aug 20</b> Is 56:1, 6-7/Ps 67:2-3, 5-6, 8/Rom 11:13-15, 29-32/Mt 15:21-28
8:00 a.m.	Mass/Orazio and Antonietta Merlo
10:00 a.m.	Choir Practice
11:00 a.m.	Mass/Josefa Dizon
1:30 p.m.	Soup Kitchen #3



### Mark Your Calendars

#### For Upcoming Sacred Heart Events

Solemnity of the Assumption of Mary.....Aug 15  
HS Beach Week.....Aug 15-18  
Social Weekend.....Aug 26-27

#### Service Members of Our Parish

*We pray for members of our parish who are serving overseas, as well as their families.*

John Matchett, Thomas Van de Castle,  
Nancy Lacore ,

Dillon Scherger, Anthony DiMuzio

Michael Schaefer, Dave Gomez,

Nathan Clark, Chad Luettel

If you would like to add or remove a name from this list, contact us at:  
office@sacredheartnorfolk.org or 625-6763.

#### Pastoral Care

*We Pray for our sick and those in need of our prayers.*

St. Gabriel's parish, Mary Lou McPhaul, Dan Reeves, Dr. Sal Barr, Sr. Agnes Seebach, Kara Cusano, Bernice Van Aalten, Janie Abbott, Erwin & Ellen Schoepf, Hal Wilkinson, Bob Morton, Eileen Powell, Joanne Brausewetter, Walter Marshall, Chris Kennedy, Andrew Wilcox, Terry Kelly, Peter Callo, Alan Morton, Edie White, Eloise Morton, James McMally, Linda Mathews, Gail Anthony, Sebastian Bonaiuto, Tommy White, Elizabeth Von Tersch, Ann Hennelly & Betsy Murray

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Peter saw Jesus walking on the water and began to walk toward him. He became frightened at how strong the wind was and began to sink. He took his focus off of Jesus and allowed his fears to get the best of him. Fear often gets the best of us and cripples us. We sink. Many of our actions and thoughts are motivated by fear. Think of how many opportunities you have missed because of fear. Jesus tells us to trust and to meet each day with faith and confidence. God is with us. We have nothing to fear.

### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

I remember when all three of my children were learning to swim. In the beginning, it seemed like no matter how much assurance I gave them, they were certain they would drown. Even after watching me float in the water, they were pretty sure their bodies were created to sink. In time, they grew more comfortable in the water. Eventually, they could even swim the length of the pool. But this did not happen overnight. They had to grow in their faith that swimming was possible, not just for others, but for them as well.

Too many of us who are Christians believe that holiness is for someone else. We believe that the stories of the saints are about super humans who had something in greater supply than us. When our faith is weak, we assume that we can never have the faith of these holy men and women.

On the contrary, faith and holiness are not things only possible for a few. **But we must practice our faith to grow in our faith.** We must strive for holiness if we are to become holy.

Like a child fears the water before learning to swim, we often fear the path that leads to greater faith or holiness. We are not convinced that God can work in our lives to create a saint. Yet except for Mary, the Immaculate Conception, every saint was a sinner. God called every saint to exit the boat and walk toward Jesus on the water. In time, with practice and trust in God, they found they did not sink either.

-Tracy Earl Welliver, MTS



Mass on Tuesday August 15th at 5:30 p.m.

### August 13 - 19<sup>th</sup> Sunday in Ordinary Time

Matthew 14:22-33

Where in your life do you need to have a little more faith?

Children: How can we learn to trust God more?

### Nineteenth Sunday in Ordinary Time

August 13, 2017

For all those called to priesthood and consecrated life, that they will have no fear in responding to Jesus as He calls them to trust in Him and His choice of them, we pray to the Lord.

Call Father Michael G. Boehling, Vicar for Vocations, (804) 359-5661, or write: mboehling@richmonddiocese.org.

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Nineteenth Sunday in Ordinary Time August 13, 2017

*Welcome!*

**Rosary**  
Prayed the first Sunday of the month, following the 11 a.m. Mass.



**Our Mission**  
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

**Registration of New Parishioners**  
Registration will be held Sunday, **Aug 27 at 12:15 p.m.**, third floor of the pastoral center. Sign up by contacting Pat Walsh at [pat.walsh@cox.net](mailto:pat.walsh@cox.net) or 757-440-2901.

Phone: 757-625-6763 | Fax: 757-627-1965  
Website: [www.sacredheartnorfolk.org](http://www.sacredheartnorfolk.org)  
Email: [office@sacredheartnorfolk.org](mailto:office@sacredheartnorfolk.org)

**Sacramental Preparation**  
For more information, contact Amy Woods at 625-6763 or [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org).

**Parish Office Hours**  
Mon-Thurs: 9 a.m.-3 p.m. Fri: 9 a.m.-Noon

**Nursery Hours**  
Nursery is Closed for August

**Mass Schedule**

**Ministry to the Sick & Homebound**  
If you know someone who desires a visit, contact the parish office at 625-6763 or [office@sacredheartnorfolk.org](mailto:office@sacredheartnorfolk.org).

**Reconciliation**.....4:30 p.m.  
**Saturday**.....5:30 p.m.  
**Sunday**..... 8:00 and 11:00 a.m.

**Daily Mass Schedule**

**Prayer Chain Ministry**  
Contact Susan Daniel with prayer requests at 436-2324 or [susdan@me.com](mailto:susdan@me.com)

**Tuesday**.....5:30 p.m.  
**Wednesday**..... 5:30 p.m.  
**Wednesday-Adoration**.....6:00 p.m.  
**Friday**.....12:00p.m.

**RCIA at Sacred Heart**  
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets **every Thursday at 7 p.m.** Contact Amy Woods at 625-6763 or [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org).

**Parish Staff**

Rev. Paul Muyimbwa.....Pastor  
Amy Woods.....Director of Religious Education  
Dr. James Gallatin.....Music Director  
Neil Walsh.....Director of Social Ministry  
Leanne Besachio.....Faith Formation Admin. Assistant  
R. Kevin Kearney.....Business Manager  
Diana Kreider.....Parish Admin. Assistant  
Calvin Hoffler.....Maintenance Technician  
Andrew Buckles.....Bookkeeper

## Parish News and Events

**August 15– Solemnity of the Assumption of Mary-**  
 Mass has been changed from 12:00 p.m. to 5:30 p.m.



**Please accept our apologies for the delay in the printing of the parish directory.** The company we utilized to take pictures and draft the directory indicated that there would be no cost to the parish for publication. Now that the directory is ready for publication the company is requiring a \$600 payment that we did not agree upon and cannot afford. Therefore, we will not publish the directory with them and we are researching options for an internal publication utilizing the pictures that were previously taken. The parish staff is committed to being good stewards of parish financial resources. Thank you for your understanding of this matter. Please contact the Business Manager, R. Kevin Kearney with questions at [kevin@sacredheartnorfolk.org](mailto:kevin@sacredheartnorfolk.org).

### What is a Mass Card and How Are Mass Cards Used?

A Mass card, also known as a Mass offering card, memorial card or a remembrance card, is a greeting card given to someone to let them know that they, or a deceased loved-one, will be remembered and prayed for in the intentions at a Mass. For more information please contact the office at [office@sacredheartnorfolk.org](mailto:office@sacredheartnorfolk.org)



**Because our Faith keeps us strong and filled with JOY, we want to share it with you every day.**

**Like us on Facebook and Follow us on Twitter** for inspirational daily messages and the latest happenings with our Pope, Bishop, priests, seminarians, lay ministers, youth, events and general news about the Diocese. Join us in prayer and service.

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## Parish Financial Monthly Report

### Corrected: June Fiscal News 2016-2017

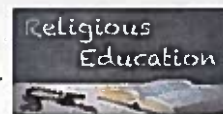
Monthly Budget	\$39,785.51
Actual Monthly Collection	\$37,818.00
Amount Over (under) Budget	(1,967.51)
Year to Date Budgeted Collections	\$514,500.00
Year to Date Actual Collection	\$491,093.06
Over (under) Yearly Budget	(\$23,406.94)

The amount in ( ) indicates a deficit.

## Religious Education

### Religious Education

If you have not registered your child or teen for Religious Education 2017-18, please pick up forms in the commons, on the website or by contacting Leanne Besachio at [leanne@sacredheartnorfolk.org](mailto:leanne@sacredheartnorfolk.org).



### Catechist Workshop

Ascension parish in Virginia Beach is hosting the Catechist Workshop 2016 on Saturday, August 19 from 8:30 a.m. to noon. All catechists are asked to attend. There is no charge, but please sign up by contacting Amy Woods at [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org) so we know how many to expect.



### Catholic Men's Conference

The Center for Marriage, Family, and Life is hosting the 6th Annual Catholic Men's Conference in the Diocese of Richmond on Saturday, September 17 at St. Bede Catholic Church in Williamsburg. The day will feature powerful and inspiring talks, an expo area, Adoration, the Sacrament of Reconciliation, and Mass. All men 18 and older are invited to attend this one-day conference as an opportunity for learning, fraternity, and solidarity with other men of faith in the Diocese. Registration is \$50 for general admission. Early-bird registrants who register before August 31 can attend at the discounted cost of \$40. Learn more and register at [www.cdrcmf.org](http://www.cdrcmf.org) or call 804-622-5109 for details.

## Justice and Peace

### Sacred Heart Parish Golf Tournament-

Thank you planning committee, volunteers, staff, players, donors, all parish supporters and our host, Sewells Point Golf Course, for a truly outstanding event.



**Because of all of you**, we raised significant funds for both Sacred Heart Parish Ministries, as well as for our twin parish, St Gabriel in Haiti.

Due to your efforts and generosity, many people will be helped to live a better life. We truly are helping on, "Chemen lavi miyo."—the road to a better life.

## Community

### Urgent: Pilgrimage "In Memory of Fr. Kauffmann"

There are still some places available on the Pilgrimage to Sicily, Pompeii, Monte Cassino and Rome. The dates are November 5-17, 2017. The itinerary was planned in great detail by Fr. Kauffmann, and the pilgrimage has now been dedicated to his memory.

If you are interested, or need more information, please contact John Lang at Travel Tyme, tel. 636 391 1000 ext. 201, 10:00 am - 6:00 pm. ASAP. You may also call Celine Daulton at 757 471 1341 or email her at [celined98@hotmail.com](mailto:celined98@hotmail.com) to express interest, or request that a copy of the brochure be emailed to you as an attachment. Again ASAP!

### The Knights of Columbus Norfolk Council

367, "The First Council in the South" is having their AYCE Fabulous Family Breakfast on Sunday, August 20th, from 9 -12. Menu includes bacon, sausage, ham, scrambled eggs, eggs to order, fried potatoes, biscuits & gravy, waffles, pancakes, French toast, grits, & fresh fruit. \$8 for Adults, \$4 for children ages 5 - 12, free for 4 & under. Adult price also includes a Mimosa.

For more information please call 757-675-2107

## Justice and Peace

**VATICAN CITY** — The ancient practice of orienting church buildings East to West — with the entrance facing West and the altar toward the East — was symbolic of the connection that exists between light and hope, Pope Francis said.

"What does it mean to be a Christian? It means looking toward the light, continuing to make a profession of faith in the light, even when the world is wrapped in the night and darkness," Pope Francis said Aug. 2 at his weekly general audience.

With temperatures moving toward a forecasted 100 degrees, the pope resumed his audiences indoors after a month's hiatus. He also resumed his series of audience talks about Christian hope.

He began by explaining how in ancient times the physical setting of a church building held symbolic importance for believers because the sun sets in the West, "where the light dies," but rises in the East, where "the dawn reminds us of Christ, the sun risen from on high."

In fact, he said, using the "language of the cosmos," it was customary to have those about to be baptized proclaim their renunciation of Satan facing West and their profession of faith in God facing East.

Francis focused on light as a symbol of Christian hope. "Christians are not exempt from the darkness, either external or even internal," he said. "They do not live outside the world, but because of the grace of Christ received through baptism, they are men and women who are 'oriented': they do not believe in the darkness, but in the light of day; they do not succumb to the night, but hope in the dawn; they are not defeated by death, but long for resurrection; they are not crushed by evil because they always trust in the infinite possibilities of goodness."

Receiving the light of Christ at baptism, he said, Christians are called to be true "Christophers" or Christ-bearers, "especially to those who are going through situations of mourning, desperation, darkness and hatred."

Christians who truly bear the light of Christ's hope, he said, can be identified by the light in their eyes and by their serenity "even on the most complicated days."

### Ghent Area Ministry -Needs Volunteers

We are looking for individuals that are polite, courteous and willing to help serve our community.

If interested, please contact Director,  
Bernadine Brown at 757-622-0438  
Location: 1301 Colonial Avenue, Norfolk VA 23517