

## This Week at Sacred Heart

<b>Sunday, Nov 26</b> Readings: Ez 34:11-12, 15-17/Ps 23:1-3, 5-6/1 Cor 15:20-26, 28 All Day Social Weekend All Day Advent Giving Tree 8:00 a.m. Mass/Patricia Bernat 10:00 a.m. Choir Practice 11:00 a.m. Mass/Gaudencio Guerrero 12:00 p.m. Rosary Group 1:30 p.m. Soup Kitchen #4 4:00 p.m. Contemporary Music Practice
<b>Monday, Nov 27</b> Readings: Dn 1:1-6, 8-20/Dn 3:52-56/Lk 21:1-4 7:30 p.m. Centering Prayer in the Chapel
<b>Tuesday, Nov 28</b> Readings: Dn 2:31-45/Dn 3:57-61/Lk 21:5-11 5:30 p.m. Daily Mass 7:00 p.m. A Biblical Walk with the Blessed Mother
<b>Wednesday, Nov. 29</b> Readings: Dn 5:1-6, 13-14, 16-17, 23-28/Dn 3:62-67/ 5:30 p.m. Daily Mass 6:00 p.m. Eucharist Adoration 6:45 p.m. Adult Formation Committee Meeting
<b>Thursday, Nov 30</b> Reading Rom 10:9-18/Ps 19:8-11/Mt 4:18-22 7:00 p.m. A Biblical Walk with the Blessed Mother 7:00 p.m. RCIA 7:30 p.m. Choir Practice
<b>Friday, Dec. 1</b> Readings: Dn 7:2-14/Dn 3:75-81/Lk 21:29-33 12:00 p.m. Daily Mass
<b>Saturday, Dec 2</b> Readings: Dn 7:15-27/Dn 3:82-87/Lk 21:34-36 All Day That Man Is You 2:30 p.m. Wedding 4:00 p.m. Contemporary Music Practice 4:30 p.m. Reconciliation 5:30 p.m. Mass/Ryan Gaudin 6:30 p.m. Super Social Saturday
<b>Sunday, Dec 3</b> Readings: Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19/1 Cor 1:3-9/Mk 13:33-37 All Day Advent! 8:00 a.m. Mass/Geneva Ann Bowen 10:00 a.m. Choir Practice 11:00 a.m. Mass/Anastacia Villa 12:00 p.m. Rosary Group 1:30 p.m. Soup Kitchen #1 6:30 p.m. Confirmation Sponsor/Candidate Session



### Mark Your Calendars

#### For Upcoming Sacred Heart Events

Advent Giving Tree.....	Nov 25-26
Social Weekend.....	Nov 25-26
A Biblical Walk with the Blessed Mother....	Nov 28
First Week of Advent.....	Dec. 3

### Service Members of Our Parish

*We pray for members of our parish who are serving overseas, as well as their families.*

John Matchett, Thomas Van de Castle,  
Nancy Lacore, Dillon Scherger, Anthony DiMuzio  
Michael Schaefer, Dave Gomez,  
Nathan Clark, Chad Luettel

If you would like to add or remove a name from this list, contact us at:  
office@sacredheartnorfolk.org or 625-6763.

### Pastoral Care

*We Pray for our sick and those in need of our prayers.*

St. Gabriel's parish, Mary Lou McPhaul, Dan Reeves, Dr. Sal Barr, Kara Cusano, Bernice Van Aalten, Erwin & Ellen Schoepf, Bob Morton, Eileen Powell, Walter Marshall, Chris Kennedy, Andrew Wilcox, Terry Kelly, Peter Callo, Alan Morton, Edie White, James McMally, Linda Mathews, Gail Anthony, Sebastian Bonaiuto, Elizabeth Von Tersch, Ann Hennelly & Betsy Murray, Sue Sonstrom, Calvin Hoffler, Agnes Looney

## GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

"Amen, I say to you, whatever you did for one of the least brothers of mine, you did for me." Today we celebrate the feast of an unusual kind of king. Our Lord Jesus Christ, King of the Universe, does not run his kingdom in the standard fashion. Instead of insisting upon the pomp and circumstance that usually surrounds earthly royalty, Jesus has a different focus. He thinks not of himself, but of those he loves. And in today's Gospel, his interest is especially focused on the poor and suffering in our midst.

Our King asks us to care for those in need--the hungry, the homeless, the foreigner, the sick and suffering. But then, he goes farther; he tells us that in caring for these least brethren, we will be ministering to HIM! What an incredible promise. Not only do we carry out the command to love our neighbor when we protect those in need, but we also show our love for Jesus in a direct and concrete way. This love for Christ through others is so real that Jesus actually tells us that our place on Judgment Day will depend on it: "What you did not do for one of these least ones, you did not do for me." And these will go off to eternal punishment." On the other hand, the "righteous" who ministered to the weak and poor will enjoy eternal life. Our King has spoken loud and clear. Now comes the question of whether or not we are obeying his orders?

Each of us is called to examine how well we are caring for the least among us. Sometimes, this means giving our time and energy for special ministries or missions, but often it means caring for those right in front of us--the sick or suffering in our own homes, families,

neighborhoods, or **parishes**. Whatever our situation, may we have the eyes to see Christ in our midst and serve him.

### Did you know?



The proper way to receive Holy Communion in the hand was described for us centuries ago. In a lecture ascribed to Saint Cyril of Jerusalem around the year AD 350, Saint Cyril stated: "When thou goest to receive communion go not with thy wrists extended, nor with thy fingers separated, but placing thy left hand as a throne for thy right, which is to receive so great a King, and in the hollow of the palm receive the body of Christ, saying, Amen." (Catechesis mystagogica V, xxi-xxii, Migne Patrologia Graeca 33)

Thus, you should hold one hand under another, with the top hand opened all the way.

November 26 – the Feast of Christ the King  
Matthew 25:31-46

What changes in lifestyle does today's Gospel call you to?

Children: When Jesus comes to judge us, what will he be looking for in our lives?

Solemnity of Christ the King -- November 26, 2017

For a deepening understanding among those discerning their vocation that the One who calls them is Jesus Christ the King, we pray to the Lord.

Call Father Michael G. Boehling, (804) 359-5661, or write: mboehling@richmonddiocese.org.



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Solemnity of Christ the King November 26, 2017

*Welcome!*

Rosary  
Prayed every Sunday  
following the 11 a.m. Mass.



**Our Mission**  
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Registration of New Parishioners  
No Registration for the month of November  
Registration will be held Sunday, Dec. 10, 12:15 p.m., third floor of the pastoral center. Contact parish office at 625-6763 or [office@sacredheartnorfolk.org](mailto:office@sacredheartnorfolk.org).

Sacramental Preparation  
For more information, contact Amy Woods at 625-6763 or [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org).

Ministry to the Sick & Homebound  
If you know someone who desires a visit, contact the parish office at 625-6763 or [office@sacredheartnorfolk.org](mailto:office@sacredheartnorfolk.org).

Prayer Chain Ministry  
Contact Susan Daniel with prayer requests at 436-2324 or [susdan@me.com](mailto:susdan@me.com)

RCIA at Sacred Heart  
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets every Thursday at 7 p.m. Contact Amy Woods at 625-6763 or [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org).

Sacred Heart Young Adults Group (21+)  
For information about the young adult scripture discussions and monthly socials. Contact Elizabeth at [youngadults@sacredheartnorfolk.org](mailto:youngadults@sacredheartnorfolk.org)

**Parish Office Hours**  
Mon-Thurs: 9 a.m.-3 p.m. Fri: 9 a.m.-Noon

**Nursery Hours-**  
Sunday 11:00 am Mass-

**Mass Schedule**

Reconciliation.....4:30 p.m.  
Saturday.....5:30 p.m.  
Sunday..... 8:00 and 11:00 a.m.

**Daily Mass Schedule**

Tuesday.....5:30 p.m.  
Wednesday.....5:30 p.m.  
Wednesday- Eucharist Adoration..... 6:00 p.m.  
Friday.....12:00 p.m.

**Parish Staff**

Rev. Paul Muyimbwa.....Pastor  
Amy Woods.....Director of Religious Education  
Dr. James Gallatin.....Music Director  
Neil Walsh.....Director of Social Ministry  
Leanne Besachio.....Faith Formation Admin. Assistant  
Diana Kreider.....Parish Admin. Assistant  
Calvin Hoffler.....Maintenance Technician  
Andrew Buckles.....Bookkeeper



## Parish News and Events

### Join us for Presentation on Advent and the Gospel of Mark

on December 6 starting at 6:30 pm  
By Anne Tew-



Anne Tew is a native of Richmond, Va where she taught English & Latin at Benedictine College Preparatory. She earned a B.A. in Classics at the University of Virginia and a Masters in Theology at the University of Notre Dame in the History of Christianity. She currently resides in Ghent with her husband and one-year-old and teaches English part-time at Regent University.

### Ministry Scheduler Pro- (MSP)

Please volunteer for special Masses using our MSP system. Any questions contact the office.

### Red and Blue book by the Door - There are two



large books, on stands, by the door to the sanctuary from the Commons. The red one, our Book of Intercessions, is there all the time, for you to write your prayer intentions in. That book is carried by the lector and he or she reads our prayer of the faithful from it,

symbolically bringing all our prayers together at once, both those written in that book, as well as the prayers spoken from the ambo, during the Offertory of the mass.

The second book, a blue one, is there only during the month of November, the month when we remember our beloved dead. You are encouraged to add the names of your family and friends who have died, and whose names you have not written in the book previously, and we will pray for them all in a special way during the month of November.

Hear our prayers, O Lord, for our concerns, for our loved ones and for our beloved dead.

### What is Eucharistic Adoration?

Eucharistic Adoration is adoring or honoring the Eucharistic Presence of Christ. In a deeper sense, it involves "the contemplation of the Mystery of Christ truly present before us". During Eucharistic Adoration, we "watch and wait", we remain "silent" in His Presence and open ourselves to His Graces which flow from the Eucharist. By worshiping the Eucharistic Jesus, we become what God wants us to be! Like a magnet, The Lord draws us to Himself and gently transforms us.

Eucharistic Adoration is on Wednesdays at 6pm. This will immediately follow 5:30 pm Daily Mass. Please plan to spend time with Jesus in this ancient prayer of the Church. Please Join us!



## Parish Financial Monthly Report

### Email Address for the Parish Finance

Council. If you have any questions for the Parish Finance Council, you may send an email to [PFC@sacredheartnorfolk.org](mailto:PFC@sacredheartnorfolk.org).

## Religious Education

### Sponsors and Candidates

Attention teens preparing for Confirmation. Our next sponsor / candidate session is Sunday, December 3 at 6:30 p.m.

### Super Social Saturday

Don't miss this month's youth group social. We will gather on Saturday, December 2 at 6:30pm for a night of Bowling. We will carpool to the base. The cost is \$15. All 6<sup>th</sup>-12<sup>th</sup> graders are invited and welcome to bring a friend. Please sign up to attend by contacting Amy Woods at [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org)

### Mark Your Calendar

for the 5<sup>th</sup> Annual Advent Lessons and Carols presented by the Parish Adult and Children's choirs on Sunday, December 17 at 4 p.m.

**What is the RCIA?** The RCIA, which stands for Rite of Christian Initiation of Adults, is a process through which non-baptized men and women enter the Catholic Church. It includes several stages marked by study, prayer and rites at Mass. Participants in the RCIA are known as catechumens. They undergo a process of conversion as they study the Gospel, profess faith in Jesus and the Catholic Church, and receive the sacraments of baptism, confirmation and Holy Eucharist. The RCIA process follows the ancient practice of the church and was restored by the Second Vatican Council as the normal way adults prepare for baptism. In 1974, the Rite for Christian Initiation for Adults was formally approved for use in the United States.



**Fair Trade Sales** Start your Christmas Shopping with Fair Trade. On December 9/10 after all Masses the Youth Group will be selling Fair Trade items such as; chocolate, olive oil, coffee, jewelry and more. Stop by the table and support the youth group and Fair Trade.

**Kindly keep in mind that fundraising activities are above and beyond parish offertory. We are blessed to have many ministries, but it is important that we do not diminish support to parish operations in their favor.**

## Community

### A Biblical Walk with the Blessed Mother



During Advent as we awake the coming of our Lord, let us gather to walk with our Blessed Mother. Mary: A Biblical Walk with the Blessed Mother is an extraordinary pilgrimage that reveals Mary's unique role in God's Kingdom and in our lives. Filmed on location in the Holy

Land, this series will place you in the midst of the powerful drama of her earthly life, taking you through her joys...and her sorrows. You will learn how she works in our lives today, drawing us ever closer to her Divine Son. Seeing Mary in this way will change you forever. Mary will become a part of your daily life, and in your daily life, you will become more like Christ. **This is a 4-week series and sessions will be held on Tuesday evenings at 7pm starting November 28 or Thursday mornings at 10am starting November 30. Sign up by contacting Amy Woods at [amy@sacredheartnorfolk.org](mailto:amy@sacredheartnorfolk.org)**

**ADVENT GIVING TREE** Again this year, Sacred Heart will have an Advent Giving Tree program. We have the names and information so that gifts can be provided to 99 children from the farm worker families on the Eastern Shore. Fr. Ady, pastor of our twin parish of St. Gabriel in Haiti has asked that we donate funds to enable him to furnish one of the three new classrooms in the school. Information on both these opportunities to share with others will be available in the commons. It is a wonderful part of Advent here at Sacred Heart. If you have questions about the project, please contact Pat Walsh at [pat.walsh@cox.net](mailto:pat.walsh@cox.net)

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## Justice and Peace

**Happy Thanksgiving Day to everyone** In this special time.

I join the parishioners at St. Gabriel to wish you and your families a blessed Thanksgiving. This is an ideal time to join together in a thanksgiving prayer for all that the Lord has given us starting with our faith, our own family and our extended family through our ten year of twinning relationship. We all at St Gabriel Parish are very grateful of you for all your friendship, love, solidarity and financial support.

**Together in prayer; Father Ady Mytial**

## Justice and Peace

### Statement by the Virginia Catholic

**Conference** -After the election, the work for life and justice continues. For many months Virginians have watched the political campaigns taking place here and wondered how the outcome would affect the direction of our commonwealth. Yesterday, they made their decisions. Today, we at the Virginia Catholic Conference and in the Catholic Dioceses of Arlington and Richmond assure Governor-elect Ralph Northam and all those elected yesterday of our prayers for them and our appreciation for their answering the call for public service. As they strive to serve the more than eight million men, women and children who live in Virginia, we will work with them whenever possible to ensure Virginia laws and policies reflect the common good and the inherent dignity of every human being – from the very beginning of life, through and until natural death. We pledge to reach out to them and continue to advocate for policies that protect the most vulnerable in Virginia, especially people who are unborn, elderly, sick, poor, immigrants or refugees. We will work for legislation that protects the family, and that assures Virginia continues to respect religious liberty, especially for faith-based entities that serve so many of our sisters and brothers in need. In this great state, foundational to American democracy, we call on Catholics, people of all faiths and good will and all Virginians to work together to address the needs of our commonwealth through respectful dialogue and civility.

### " Care for Our Earth"

All things change over the passage of time. This is the case with our knowledge and understanding of the Scripture. As ages go by, our knowledge and understanding of what the Scripture means develops. One example of this is the creation story in Genesis where humans are said to be given dominion over the fish of the sea, the birds in the heavens and the animals on the Earth. For centuries the understanding of dominion was to rule over, have power. In recent times the understanding of that word changed to stewardship ( knowing what is better for these creatures). Not so long ago, our understanding changed again. Now, the word, dominion is seen more as having relationship with( working together with creatures). Isn't this what St. Francis taught us, calling creatures his brothers and sisters? Our Pope Francis, in his encyclical, Laudato Si, maintains that all in creation is connected. This makes sense if we accept the strongly held hypothesis that all life and creatures came from the same source, Our Creator. We are related to everything in existence. It has been asked, "how can we say we love our children when we abuse and neglect His Earth"(which they will depend upon in the future for surviving and thriving). The more we ponder our interrelationships with Creation, the more we will become sensitized to this imminent reality.

