

This Week at Sacred Heart

Sunday, June 3
 Readings: Ex 24:3-8
 All Day Feast of the Most Holy Body and Blood of Christ
 All Day Diocesan Collection-Peter's Pence
 8:00 a.m. Mass/People of Sacred Heart
 8:00 am First Holy Communion
 10:00 am Choir Practice
 11:00 am First Holy Communion
 11:00 am Mass/People of Sacred Heart
 12:00 pm Rosary Group
 1:30 p.m. Soup Kitchen #1
 3:00 pm Jane Gallatin Piano Recital
 6:30 pm Confirmation 2019 Orientation

Monday, Jun 4
 Readings: 1 Pt 1:3-9
 7:30 p.m. Centering Prayer in the Chapel

Tuesday, Jun 5
 Readings: 1 Pt 1:10-16
 5:30 pm Daily Mass
 7:00 pm Bible Study Acts of The Apostle

Wednesday, Jun 6
 Readings: 1 Pt 1:18-25
 5:30 pm Daily Mass
 6:00 pm Eucharistic Adoration
 6:30 pm Twinning Meeting

Thursday, Jun 7
 Reading: Zep 3:14-18a or Rom 12:9-16
 10:00 am Bible Study-Acts of Apostle
 6:00 pm Altar Server Dinner
 7:00 pm RCIA
 7:30 pm Choir Practice

Friday, June 8
 Reading: 1 Pt 4:7-13
 All Day Feast of The Most Sacred Heart
 All Day St Gabriel Pilgrimage
 12:00 pm Daily Mass
 6:00 pm Feast Day Mass and Potluck

Saturday, June 9
 Readings: Jude 17, 20b-25
 All Day St Gabriel Pilgrimage
 4:30 p.m. Reconciliation
 5:30 pm Mass/People of Sacred Heart

Sunday, June 10
 Readings: Ex 24:3-8
 All Day St Gabriel Pilgrimage
 8:00 a.m. Mass/People of Sacred Heart
 8:00 am Youth Council
 10:00 am Choir Practice
 11:00 am Mass/People of Sacred Heart
 12:00 pm Rosary Group
 1:30 pm Baptism Preparation
 1:30 p.m. Soup Kitchen #2
 4:00 pm Contemporary Music Practice



Mark Your Calendars

For Upcoming Sacred Heart Events

Memorial Day-Office Closed.....May 28
 Feast of The Most Holy Body and Blood of Christ. June 2-3
 Baby Bottle Collection.....June 2-3
 Feast Day Mass and Potluck.....June 8

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Thomas Van de Castle,
 Nancy Lacore, Dillon Scherger,
 Anthony DiMuzio Michael Schaefer,
 Dave Gomez, Giovanni Ordoñez

If you would like to add or remove a name from this list, contact us at:
office@sacredheartnorfolk.org or 625-6763.

Pastoral Care

We Pray for our sick and those in need of our prayers.

Gabriel's parish, Mary Lou McPhaul,
 Dan Reeves, Dr. Sal Barr, Kara Cusano,
 Bernice Van Aalten, Erwin & Ellen Schoepf,
 Bob Morton, Eileen Powell, Walter Marshall,
 Chris Kennedy, Andrew Wilcox, Terry Kelly,
 Peter Callo, Alan Morton, Edie White,
 James McMally, Linda Mathews, Gail Anthony,
 Sebastian Bonaiuto, Elizabeth Von Tersch,
 Ann Hennelly & Betsy Murray
 Calvin Hoffler, Barbara Hudgins, Sue Sonstrom

June 3, 2018—The Most Holy Body and Blood of Christ

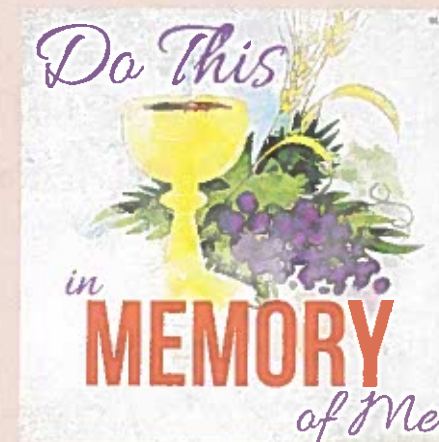
Encourage Deeper Understanding of the Scriptures

In our modern times, symbol can seem to have lost its value. The most recognizable "signs" are ones we see on the road or the branding in advertisements. The logos for major companies don't do much more than perk our interest or disdain. They surely don't deliver on their promises for our lives to be happier, healthier, and easier.

On this feast of Corpus Christi, we hear the account of the Last Supper. This was Passover, an ancient sign of the covenant of Moses. The Hebrew people celebrated God's providential care for His people.

To the listening disciples, Jesus makes a very bold claim. "This is my blood of the covenant." At the time of the first Passover -- the redemption of the Hebrew people from slavery to the Egyptians -- the blood of the sacrificial lamb was spread on the lintels of the doorpost. Tomorrow, some of the disciples would witness the blood of the new covenant spread across the wood of the cross. Christ's Body and Blood are more than a sign.

They are a sacrament. In the sacrament, the sign makes real what it signifies. More than ritual, a sacrament enacts truth of the covenantal love of God and His promise of fidelity. It's a promise God keeps. The same bread and wine of that first Holy Thursday liturgy becomes -- throughout the centuries and until the end of time -- the very Body and Blood of Christ. On this feast, we celebrate the unfailing covenantal love of our God. As you partake in the Eucharist today, and next Sunday, and the Sunday after that, remember that you receive neither a meaningless sign nor an empty offer. You receive God Himself, as He fulfills His promise to remain with us always.



Why Do We Do That-

Catholic Life Explained

Question: What are the "fruits" of holy Communion?

Answer: The Eucharist, like all sacraments, offers its own unique grace. We receive a special share in God's life that helps us in our faith journey. We are given all we need to sustain and nurture our relationship with God. The Eucharist is the source and summit of the Christian life. Everything we are and everything we hope to become is found in this sacrament. It is essential to the life of the church, to each member of the church. Without it, there is no church. The Eucharist is the center of our spiritual life and has enormous effects on our growth, our holiness, and our way of life.

The fruits of holy Communion are the benefits one receives from the sacrament. These fruits of holy Communion are discussed in the catechism in the article on the Eucharist. The primary benefit is union with Christ. We become one with him sacramentally, just as we hope to become one with him for eternity. The Eucharist also separates us from sin, both past and future. It forgives the venial sins of the past and, by the love we receive, protects us from mortal sin in the future. The church community is also unified and strengthened by the Eucharist. It unites us to the poor and offers the pledge of eternal life.

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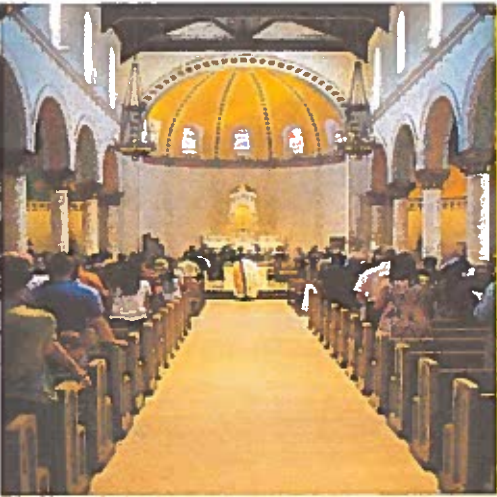
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The Most Holy Body and Blood of Christ— June 3, 2018

Welcome!

Registration of New Parishioners
Online Registration:
www.sacredheartnorfolk.org/parish-registration
or
Sunday June 24 at 12:15 p.m. in Room 305.
Contact parish office at 625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation
For more information, contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Ministry to the Sick & Homebound
If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Prayer Chain Ministry
Contact Susan Daniel with prayer requests at 436-2324 or susdan@me.com

RCIA at Sacred Heart
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets every Thursday at 7 p.m. Contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Sacred Heart Young Adults Group (21+)
For information about the young adult scripture discussions and monthly socials. Contact Hallie at youngadults@sacredheartnorfolk.org

Our Mission
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Parish Office Hours
Mon-Thurs: 9 a.m.–3 p.m.
Fri: 9 a.m.–Noon

Nursery Hours
Closed May 27 - September 2

Reconciliation Saturday.....4:30

Mass Schedule
Saturday.....5:30 p.m.
Sunday..... 8:00 and 11:00 a.m.

Daily Mass
Tuesday.....5:30 p.m.
Wednesday.....5:30 p.m.
Wednesday- Eucharistic Adoration....6:00 p.m.
Friday.....12:00 p.m.

Parish Staff
Rev. Paul Muyimbwa.....Pastor
Amy Woods.....Director of Religious Education
Dr. James Gallatin.....Music Director
Neil Walsh.....Director of Social Ministry
Leanne Besachio....Faith Formation Admin. Assistant
Diana Kreider.....Parish Admin. Assistant
Calvin Hoffer.....Maintenance Technician
Andrew Buckles.....Bookkeeper

Parish News and Events

Mark your calendars to celebrate the Feast of the Sacred Heart with your parish family this Friday June 8. Mass starts at 6:00 pm followed by potluck dinner. Bring a dish and come taste the culinary delights your friends at Sacred Heart have prepared just for you. Wine and beverages will be provided so be ready to have a blast!



Parish Financials

Period	Jul-Apr
Income	
Ordinary Income Collected	\$ 509,939.06
Debt Reduction Collections	\$ 69,149.98
Other Income	\$ 86,123.58
TOTAL INCOME	\$ 665,212.62
Expenses	
Personnel	
Clergy	\$ 51,391.00
Lay	\$ 224,865.91
Total Personnel	\$ 276,256.91
Non-Personnel	
Utilities	\$ 25,342.95
Rectory	\$ 12,433.23
Worship	\$ 6,906.62
Repairs/Maint (church & rental property)	\$ 86,970.07
General	\$ 43,190.05
Mandatory Diocesan Assessments	\$ 123,753.94
Payments on Debt	\$ 63,475.52
Total Non-Personnel	\$ 362,072.38
TOTAL EXPENSES	\$ 638,329.29
Net Gain/(Loss)	\$ 26,883.33

For definitions and additional, see the bulletin board in the Commons.

Registration

Are you "sure" that you are a registered parishioner?

We meet people & friends at Sacred Heart who attend Mass or events, this does not automatically make you a parishioner. You may even think that you are because you attend Mass weekly. But you may NOT be in our records as a registered parishioner.

Why Register?

Top Reasons to Register at a Sacred Heart

- Registering is important if you wish to have a priest sign a church document for you, verifying that you are a practicing Catholic: Some examples of letter/documents requesting your active registration would be. Godparent (for baptism)- Sponsor for Confirmation-Entering into the Sacrament of Matrimony in another parish. Petitioning for adoption of a child.
- A sense of belonging and identity in a parish community.
- Registration enables the parish pastor and staff to get to know you better, to welcome you and to minister to you. This is important during a time of crisis so that the pastoral staff can attend to your spiritual needs and the needs of your family, especially after a hospital visit.
- Only registered parishioners have accounts and have their donations recorded for them. You will also receive a year-end statement of your donations for income tax purposes, which you will be able to print once you have registered through our online system. Kindly update your changes or call the office.
- These are not all of the circumstances where a signature,

For those already Registered

If you are already a registered member of the Parish please Follow these steps to edit your information:

1. <https://richmond.parishsoffamilysuite.com/Register.aspx>
2. Find Sacred Heart Church in Drop down menu
3. Enter a username
4. Your personal information
5. Enter your email
6. Once a Staff member accepts your information, 5-7 days Parish Soft will send you a username and Password

Religious Education

Soup Kitchen



The children and youth of the parish are encouraged to continue helping others all summer. The Soup Kitchen needs help on Sunday, June 17 from 1 p.m. – 3 p.m.

Contact Amy Woods at amy@sacredheartnorfolk.org if you can help.

Work Camp 2018



Sign up now to participate in Work Camp 2018 in Norfolk the week of June 25-29.

Contact Amy Woods at amy@sacredheartnorfolk.org for all the details on how to participate and to register.

Vacation Bible School

Register now for Vacation Bible School at Sacred Heart July 30-August 2 from 9am to noon. Forms can be found on the welcome table or online. Contact Leanne Besachio at Leanne@sacredheartnorfolk.org to sign up. Deadline is July 8.



Middle School Camp



All rising 6th-8th graders are invited to attend the Middle School Camp, July 16-20 from 9am-4pm. We will spend the days participating in games, crafts, talks, prayer and fun around this year's theme. Several field trips are included. Cost is \$140. Contact Amy Woods at amy@sacredheartnorfolk.org to sign up. Deadline is now.

The Solemnity of the Body and Blood of Christ: June 4

People in the Middle Ages wanted a joyful day to celebrate Jesus' gift of the Eucharist. They created today's feast. They would have grand processions that included lining the streets with flowers and processing the bread of the Lord's body outdoors under a canopy. Today, many believe the best way to celebrate the Jesus' gift of the Eucharist is to put heart and soul into celebrating the Eucharist every day. (adapted from *Companion to the Calendar* by Mary Ellen Hynes)

Confirmation Orientation

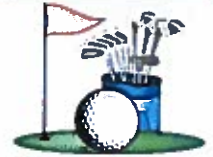
All teens currently in 9th grade and older, who wish to celebrate the Sacrament of Confirmation in the spring of 2019, are asked to attend with their parent, an orientation this Sunday, June 3 at 6:30 p.m. Contact Amy Woods at amy@sacredheartnorfolk.org for more information.

Justice and Peace

The Sacred Heart Parish

"Play Fore the Parishes: A Swing and a Prayer" Golf

Tournament on August 10th provides funds to Sacred Heart Church, its Ministries, local Community Outreach Programs and St. Gabriel Parish, Haiti.



There are several ways you can take part in this event:

- Play in the tournament
- Organize a team
- Become a hole or tournament sponsor

A special part of the tournament is the gift raffle.

You can also participate by donating:

- Gift cards for restaurants or entertainment venues
- Golf themed gifts
- Personal services like lawn care, homecare, hair care, etc.
- Prizes for the players and gift bags

Thank you—please contact Neil , Director of Social Ministry with questions. 625-6763x19; neil@sacredheartnorfolk.org

Commons—donated clothing , household goods, other items for redistribution should not be left in the Commons. Please donate them directly to local thrift stores or other appropriate re-use locations. We still recycle batteries and #5 plastic items only. Thank you.

Food- the Soup Kitchen relies on food donations and needs large cans of vegetables and fruit, pasta, rice and boxes of potatoes. Volunteers prepare a large meal for approximately 60 -70 guests per Sunday dinner. We do not have a food pantry to redistribute smaller individual or family food items. (The Basilica of St Mary's has a large active pantry program for its local community). Periodically, we will update this request for other needed items for our Soup Kitchen.

If you have donations for the Catholic Worker Community, please contact Kim Williams and Steve Baggary directly if you wish to donate items @ williamsbaggary@gmail.com

Administrative volunteers to work for the Director of Social Ministry

during regular business hours, or at home. Social Ministry office is open 9:00 to 3:00 Monday thru Thursday and 9:00 to 12:00 on Fridays.

Volunteer helps by responding to correspondence, organizing documents, and small projects as assigned. Thank you. For more information , contact Neil at 625-6763x19 or at neil@sacredheartnorfolk.org