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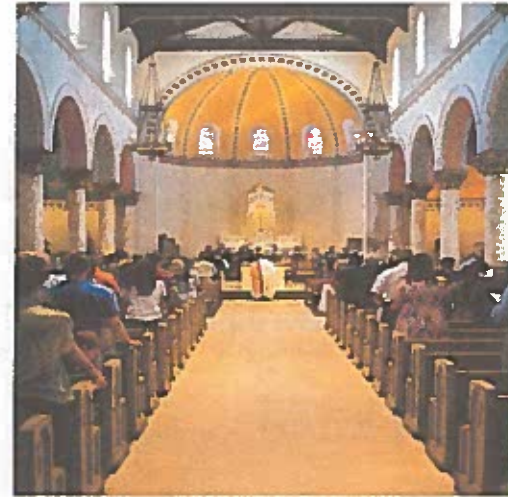
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Phone: 757-625-6763 | Fax: 757-627-1965
Email: office@sacredheartnorfolk.org

Fourteenth Sunday in Ordinary Time July 8, 2018

Welcome!

Rosary
Prayed every Sunday following the 11:00 a.m. Mass.

Registration of New Parishioners
Online Registration:
www.sacredheartnorfolk.org/parish-registration
or
Sunday July 22 at 12:15 p.m. in Room 305.
Contact parish office at 625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation
For more information, contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Ministry to the Sick & Homebound
If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Prayer Chain Ministry
Contact Susan Daniel with prayer requests at 436-2324 or susdan@me.com

RCIA at Sacred Heart
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets every Thursday at 7 p.m. Contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Sacred Heart Young Adults Group (21+)
For information about the young adult scripture discussions and monthly socials. Contact Hallie at youngadults@sacredheartnorfolk.org

Our Mission
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Parish Office Hours
Mon-Thurs: 9 a.m.-3 p.m.
Fri: 9 a.m.-Noon

Nursery Hours
Closed May 27 - September 2

Reconciliation Saturday.....4:30

Mass Schedule
Saturday.....5:30 p.m.
Sunday..... 8:00 and 11:00 a.m.

Daily Mass
Tuesday-No Daily Mass July 3.....5:30 p.m.
Wednesday...No Daily Mass July 4.....5:30 p.m.
Wednesday-No Eucharistic Adoration 6:00 p.m.
Friday.....12:00 p.m.

Parish Staff
Rev. Paul Muyimbwa.....Pastor
Amy Woods.....Director of Religious Education
Dr. James Gallatin.....Music Director
Neil Walsh.....Director of Social Ministry
Leanne Besachio....Faith Formation Admin. Assistant
Tia Marvin.....Parish Admin. Assistant
Calvin Hoffer.....Maintenance Technician
Andrew Buckles.....Bookkeeper

This Week at Sacred Heart

Sunday, Readings: 8:00 a.m. 10:00 am 11:00 am 12:00 pm 1:30 p.m. 4:00 pm	July 8 Ez 2:2-5 Mass/Jim and Anne Griffin Choir Practice Mass/Gloria Wilkinson Rosary Group Soup Kitchen #2 Contemporary Music Practice
Monday, Readings: 7:00 pm 7:30 p.m.	July 9 Hos 2:16, 17b-18, 21-22 J&P Meeting Centering Prayer in the Chapel
Tuesday, Readings: 6:00am 5:30 pm	July 10 Hos 8:4-7, 11-13 Catholic Worker Daily Mass
Wednesday, Readings: 5:30 pm 6:00 pm	July 11 Hos 10:1-3, 7-8, 12 Daily Mass Eucharistic Adoration
Thursday, Reading 6:00 am 7:00 pm 7:30 pm	July 12 Hos 11:1-4, 8e-9 Catholic Worker RCIA Choir Practice
Friday, Reading 12:00 pm	July 13 Hos 14:2-10 Daily Mass/People of Sacred Heart
Saturday, Readings: 4:30 p.m. 5:30 pm 5:30 pm	July 14 Is 6:1-8 Reconciliation Baptism- Meckley Mass/Fr James Kauffmann
Sunday, Readings: 8:00 a.m. 10:00 am 11:00 am 12:00 pm 1:30 p.m.	July 15 Am 7:12-15 Mass/Christina Lovisi Choir Practice Mass/Msgr William Pitt Rosary Group Soup Kitchen #3



Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Thomas Van de Castle,
Nancy Lacore, Dillon Scherger,
Anthony DiMuzio Michael Schaefer,
Dave Gomez, Giovanni Ordoñez

If you would like to add or remove a name from this list, contact us at:
office@sacredheartnorfolk.org or 625-6763.

Pastoral Care

We Pray for our sick and those in need of our prayers.

Gabriel's parish, Mary Lou McPhaul,
Dan Reeves, Dr. Sal Barr, Kara Cusano,
Bernice Van Aalten, Erwin & Ellen Schoepf,
Bob Morton, Eileen Powell, Walter Marshall,
Chris Kennedy, Andrew Wilcox, Terry Kelly,
Peter Callo, Alan Morton, Edie White,
James McMally, Linda Mathews, Gail Anthony,
Sebastian Bonaiuto, Elizabeth Von Tersch,
Ann Hennelly & Betsy Murray
Calvin Hoffler, Barbara Hudgins, Sue Sonstrom

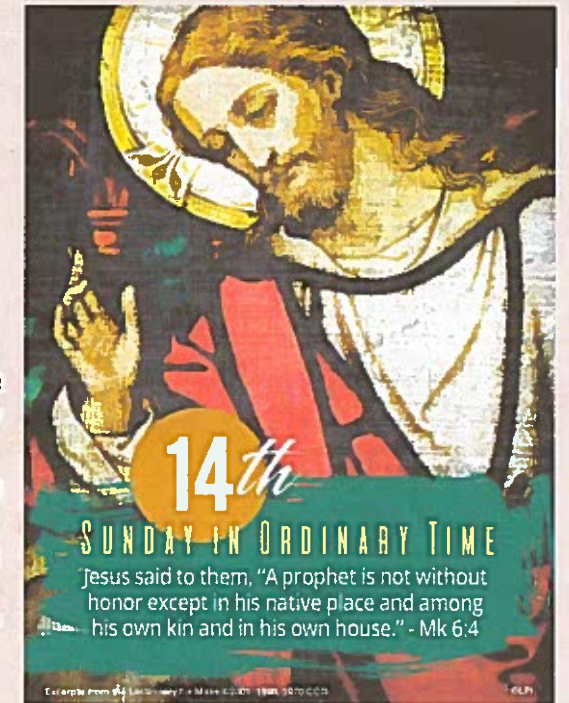
July 8, 2018— 14th Sunday in Ordinary Time

Encourage Deeper Understanding of the Scriptures

If you have been closely following the Sunday readings, today's Gospel could sound a bit like a broken record. Four weeks ago, the Gospel told of Jesus visiting his home of Nazareth and being poorly received by his family members. Jesus had attracted a large crowd as he preached, and his concerned relatives came to bring him home. Jesus, they thought, was out of his league.

Today Jesus takes things further. He returns to Nazareth. Rather than preaching from his house, he enters the synagogue. He speaks eloquently. The listeners acknowledge that "wisdom has been given him" and recognize the "mighty deeds wrought by his hands," but it is too much for them to bear. "Is he not the carpenter, the son of Mary?" The listeners know his whole clan, his male and female relatives. Jesus as carpenter was acceptable. Even Jesus as fringe preacher was interesting enough to draw a crowd. But Jesus as authoritative teacher is too much. "They took offense at him."

As Christians, we have known the truth of Jesus' identity since we were first introduced to him. He is fully human and fully divine. He is the second person of the Trinity. It could be easy to look down on these 1st century listeners for their lack of faith. But where do we expect to learn our own lessons? The more we age, the easier it is to believe we understand the world and how it works. We have experience with people, with the Church, with politics, and with the affairs of daily living. We have developed criteria for first impressions. We categorize. Today we remember that the Christian life requires humility. Jesus' listeners have an expectation of how things should be, and their lack of faith causes doubt in others. "He was not able to perform any mighty deeds there." Do your assumptions limit your perspective? Who can you learn from that you did not expect?



Catholic Traditions Explained

We are considering homeschooling our children. Does this present a problem when it is time for them to receive the sacraments? What must we do?

Answer: Homeschooling is legal in all 50 states, and like other types of education, has its advantages and its drawbacks. There are many factors to consider, and each family has to decide what the best way to educate its children is. With religious education, many dioceses have a formal policy that outlines procedures and expectations, some of which include more than just academic information. Call the religious education office to find out what they are for your area.

In general, though, an appointment with your parish priest to discuss your situation is the best first step. An opportunity to discuss what is available, what the expectations are for each sacrament, and how you can best prepare your child helps make your time of preparation more effective. The priest can direct you to good catechetical materials, parent information classes, and other choices and possibilities for your child. All parents need to be part of their child's religious education, taking a lead in instilling the values and beliefs of their faith. Communication and information helps us all to teach and preach the Gospel as Jesus did.

From Fr Paul's Desk Meditations on the Mass

God the Father 2

The Mass is principally directed to the Father. Most all of the prayers are addressed to our heavenly Father. Do we consciously come to Mass to worship the Father? At Mass, do we direct our prayers, devotion and love to the Father? We are there to worship the Father. The Mass is the action of the Son of God worshipping his Father, and we join ourselves to that worship. We greatly inhibit our full participation in the true nature of the Mass if we lose this vital direction of ourselves to the Father. (Pope John Paul II, Ecclesia de Eucharistia, 13). Fr. Larry Young



Is there a ceremony or preparation for baptized Catholics who never or seldom have practiced the faith?

For Catholics who have been baptized, confirmed and made First Communion but then drifted from the faith, the way they return is through the Sacrament of Penance.

Limited EMHC during the summer

Reminder:

Only those persons who have completed EMHC (Extraordinary Minister of Holy Communion) training and have been appointed as an EMHC by Father Paul may serve as an EMHC at Mass.

If there are no trained/appointed EMHCs available to fill vacancies, the Precious Blood will not be served at that Mass. No one is ever under an obligation to receive from the chalice; Christ is fully present in each specie when the bread and wine have been consecrated into His Body and Blood.

E-Giving

E-GIVING-With the summer months fast approaching, please keep our parish in your heart wherever you may find yourself. The EFT Portal is available at :
<http://www.sacredheartnorfolk.org/giving/> or



contact the office to assist you in setting up a recurring gift. 757-625-6763 or office@sacredheartnorfolk.org

Administrative Assistant

Dear Staff and Parishioners,

I would like to introduce you to our newest employee. Tia Marvin has accepted our offer of employment as an Administrative Assistant at Sacred Heart Church. She is a Norfolk resident, happily married to her husband Antonio for almost 10 years now, and a mother of five children.

Tia brings experience, knowledge, and skills that will strengthen our capabilities at Sacred Heart. Her experience is enhanced by her studies in Human Services and Medical assistant roles as well as Military service. In her most recent position, Tia worked as Administrative Assistant at Catholic Charities in Virginia Beach for four years.

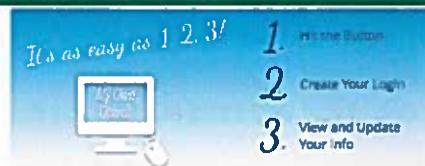
As Administrative Assistant, Tia provides clerical, administrative and managerial support to the Pastor and provides reception services for the parish in collaboration with the volunteers. She reports directly to the Pastor.

Please join me in welcoming Tia Marvin to "the Heart."
Regards,

Fr. Paul Muyimbwa,
Pastor.

For those already Registered

Please help us update your information in our database!!!!



If you are already a registered member of the Parish please Follow these steps to edit your information:

1. <https://richmond.parishsoftfamilysuite.com/Register.aspx>
2. Find Sacred Heart Church in Drop down menu
3. Enter a username
4. Your personal information
5. Enter your email
6. Once a Staff member accepts your information, 5-7 days Parish Soft will send you a username and Password

Religious Education

Soup Kitchen

All children and teens are invited to help serve in the soup kitchen on Sunday, July 15 from 1 p.m. – 2:30 p.m. Contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org so she knows how many to count on.

Vacation Bible School

Register now for Vacation Bible School at Sacred Heart July 30-August 2 from 9am to noon. Forms can be found on the welcome table or online. Contact Leanne Besachio at Leanne@sacredheartnorfolk.org to sign up. Deadline is July 8.



Middle School Camp

All rising 6th-8th graders are invited to attend the Middle School Camp, July 16-20 from 9am-4pm. We will spend the days participating in games, crafts, talks, prayer and fun around this year's theme. Several field trips are included. Cost is \$140. Contact Amy Woods at amy@sacredheartnorfolk.org to sign up. Deadline is now.



Eastern Shore Immersion Trip

All rising 8th-12th graders are invited to travel back to the Eastern Shore for our annual Immersion Trip, July 24-26. We will be gleaning crops, working at Head Start and spending time in the Migrant Camps. There is no cost, but contact Amy Woods at amy@sacredheartnorfolk.org to sign up now. Only 18 teens can attend and spots are going fast.



School Supply Drive

The teens are holding a school supply drive for the children on the Eastern Shore. We are collecting new or gently used backpacks filled with the following supplies: composition notebook, package of filler paper, pack of crayons, pack of markers, pack of pencils, pencil top erasers, safety scissors, pencil sharpener and 3 folders. Please help us provide these basic supplies to the children on the Eastern Shore. Our goal is 50 filled backpacks. Please bring them to Sacred Heart by July 8. Thank you!



Justice and Peace

The Sacred Heart Parish

"Play Fore the Parishes: A Swing and a Prayer"

Golf Tournament on August 10th provides funds to Sacred Heart Church, its Ministries, local Community Outreach Programs and St. Gabriel Parish, Haiti.



There are several ways you can take part in this event:

- Play in the tournament
- Organize a team
- Become a hole or tournament sponsor

Thank you—please contact Neil, Director of Social Ministry with questions. 625-6763x19; neil@sacredheartnorfolk.org

The June 8th-18th visit to our twin parish

St. Gabriel, Haiti went well. Fr. Ady invited the pilgrims to stay at his rectory and they visited old friends and made new ones. Fr. Ady celebrated 32 First Communion (Sacred Heart provided rosaries). 510 students (K-12th Grades) were taking their end of year Diocesan and national exams, followed by a field trip to the beach for the high school.

Last year, 9 graduates went on to universities in Haiti. Fr. Ady asks for prayers for this year's graduates to be able to go to university, a trade school, or find a job. He sends his greetings to Fr. Paul, the staff, the members of the Haiti Twinning Ministry, and the parishioners. (Note-All Pilgrims pay for all their travel and lodging expenses).

The pope said that the "ethical and spiritual quality of life in all its phases" must inspire the church's "behavior toward human ecology." He also said that life from conception, childhood, adolescence, adulthood, old age, as well in those moments when it is "fragile and sick, wounded, offended, demoralized, marginalized and those cast aside" is "always human life." "When we surrender children to deprivation, the poor to hunger, the persecuted to war, the elderly to abandonment, we are not doing our own work but rather the dirty work of death. And where does the 'dirty work' of death come from? It comes from sin," he said.