

This Week at Sacred Heart

Sunday, September 9
 Readings: Is 35:4-7a
 Anointing of the Sick Weekend
 All Day Mass/People of Sacred Heart
 8:00 am RE Open House
 9:15 am Choir Practice
 10:00 am Mass/Walter Kirk
 11:00 am Rosary Group
 12:00 pm Soup Kitchen #2 Commons
 1:30 pm Contemporary Music Practice
 4:00 pm Confirmation S/C Session
 6:30 pm

Monday, September 10
 Readings: 1 Cor 5:1-8
 7:00 pm J & P Meeting
 7:30 pm Centering Prayer in the Chapel

Tuesday, September 11
 Readings: 1 Cor 6:1-11
 6:00 am Catholic Worker
 5:30 pm Daily Mass/Gloria Wilkinson

Wednesday, September 12
 Readings: 1 Cor 7:25-31
 9:30 am Weekly Staff Meeting
 5:30 pm Young Adult-MAP
 5:30 pm Mass/Arthur & Argentina Lovisi
 6:00 pm Eucharistic Adoration
 6:30 pm Haiti Twinning Ministry

Thursday, September 13
 Reading: 1 Cor 8:1b-7, 11-13
 6:00 am Catholic Worker
 7:00 pm RCIA
 7:30 pm Choir Practice

Friday, September 14
 Reading: Nm 21:4b-9
 12:00 pm Daily Mass

Saturday, September 15
 Readings: 1 Cor 10:14-22
 All Day Social Weekend
 6:30 am TMIY
 4:00 pm Contemporary Music Practice
 4:30 pm Reconciliation
 5:30 pm Contemporary Music
 5:30 pm Mass/Fr. James Kauffmann

Sunday, September 16
 Readings: Is 50:5-9a
 All Day Social Weekend
 8:00 am Youth Council
 8:00 am Mass/People of Sacred Heart
 10:00 am Choir Practice
 11:00 am Mass/Rosa Shucet
 12:00 pm Rosary Group
 1:30 pm Soup Kitchen #3 Commons



Mark Your Calendars

For Upcoming Sacred Heart Events
 Young Adult MAP.....September 12
 Social Weekend.....September 15-16

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Thomas Van de Castle,
 Dillon Scherger, Michael Schaefer,
 Dave Gomez, Giovanni Ordoñez, Charlie Gough

If you would like to add or remove a name from this list, contact us at: office@sacredheartnorfolk.org or 625-6763.

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul,
 Dan Reeves, Dr. Sal Barr, Kara Cusano,
 Bernice Van Aalten, Erwin & Ellen Schoepf,
 Eileen Powell, Chris Kennedy, Andrew Wilcox,
 Terry Kelly, Peter Callo, Alan Morton, Edie White,
 James McMally, Gail Anthony, Sebastian Bonaiuto,
 Elizabeth Von Tersch,
 Ann Hannelly, Betsy Murray, Barbara Hudgins,
 Eileen Abrahamsen, Fr John Dorgan, St. Gabriel Parish

September 9, 2018— 23rd Sunday in Ordinary Time

Encourage Deeper Understanding of the Scriptures

"Jesus went by way of Sidon into the district of the Decapolis." For most of Jesus' ministry, he remains in Galilee and areas with a predominantly Jewish population. Today, however, we see Jesus traveling through a heavily pagan area. This makes the utterance of faith in today's Gospel all the more astounding. "He has done all things well."

In this story, a deaf man is brought to Jesus. This man is not without community! Despite communication difficulties due to a speech impediment, his people bring him before Jesus. Jesus lays hands upon the man and commands his broken body to change. "Be opened!" Immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly." The community is stunned. They can't stop telling the story. The more Jesus asks them to settle down, the more they proclaim! The Jewish people expected a Messiah but a Messiah with very particular qualifications. The Greeks and pagans anticipated no such savior. There were no expectations to meet. They had a special capacity to be completely, utterly surprised.

As Catholics, it can be easy to become accustomed to the songs and the prayers, to the routine of religious education drop-offs and Sunday Mass attendance. By now, we may have very particular expectations. When was the last time you allowed yourself to be surprised by God? Sometimes we are all like the deaf man in today's Gospel. God wants to speak to us, but we can't hear clearly. In your prayer this week, go before God honestly. Give yourself permission to drop your expectations and assumptions. Ask Him to renew your faith to show you how, in your life, "He has done all things well"

Recognize God in your Ordinary Moments

I love watching replays of great sports highlights. Sometimes you see something so extraordinary that you tell others they have to see it to believe it. The one-handed catch, the in-the-park home run, and the photo finish are all examples of these types of moments. They are amazing feats that boggle the mind. I wonder how many people in biblical times saw Jesus perform miracles and told others they wouldn't have believed it unless they saw it with their own eyes. Of course, we believe the stories of his miracles, and we didn't see them in person. We do believe them, don't we?

There is no television program that features replays of the actual miracles Jesus performed 2,000 years ago. However, there are miracles every day for the world to see. Many of those come about by allowing God to work through us. People are waiting to be healed and fed, and mountains are waiting to be moved. There might not be a replay for these miracles either. However, people will be amazed by the power of God. Jesus said we could do these things if we had faith. Blessed are those who believe but who have not seen. Furthermore, blessed are those who perform great works with God so that others may see.

Live the Liturgy - Inspiration for the Week

We often associate the word "healing" with something that produces dramatic, physical results: the blind see, the crippled walk, and the deaf hear. Witnessing such miraculous events is few and far between for most. Healing happens more frequently in very ordinary ways using very ordinary means. And we can all be God's instruments for bringing it about. Kindness, love, mercy, and compassion can go a very long way. Treating people with kindness? being inclusive and welcoming of the poor, the weak, and the powerless? listening to another's story and pain? offering compassion and love to those who have wronged us? avoiding hurtful criticisms and watching our tongues. All can go a long way to changing and healing human hearts. There is power in love and kindness. Does this power not speak of someone greater than ourselves working in and through us?



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 Email: office@sacredheartnorfolk.org

Twenty-Third Sunday in Ordinary Time September 9, 2018

Welcome!
 Rosary
 Prayed every Sunday
 following the 11:00 a.m. Mass.

Registration of New Parishioners
 Online Registration:
www.sacredheartnorfolk.org/parish-registration
 Or
 Registration Session, September 23, 2018 in room 305
 Contact parish office at
 625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation
 For more information, contact Amy Woods at
 625-6763 or amy@sacredheartnorfolk.org.

Ministry to the Sick & Homebound
 If you know someone who desires a visit, contact the
 parish office at 625-6763 or
office@sacredheartnorfolk.org.

Prayer Chain Ministry
 Contact Susan Daniel with prayer requests at
 436-2324 or susdan@me.com

RCIA at Sacred Heart
 If you are an adult and would like to explore the Catholic
 way of life, our RCIA group meets **every
 Thursday at 7 p.m.** Contact Amy Woods at
 625-6763 or amy@sacredheartnorfolk.org.

Sacred Heart Young Adults Group (21+)
 For information about the young adult scripture
 discussions and monthly socials. Contact Gabby
 at youngadults@sacredheartnorfolk.org

Our Mission
 We, the diverse Catholic community of
 Sacred Heart, are called to act as disciples
 of Jesus, respecting the dignity of all,
 through our Word, Worship, Community
 and Service.



Parish Office Hours
 Mon-Thurs: 9 a.m.-3 p.m.
 Fri: 9 a.m.-Noon

Nursery Hours-
 September 9th @ 11:00 am mass
Reconciliation
Saturday.....4:30

Mass Schedule
 Saturday.....5:30 p.m.
 Sunday..... 8:00 and 11:00 a.m.

Daily Mass
 Tuesday-.....5:30 p.m.
 Wednesday-.....5:30 p.m.
 Wednesday Eucharistic Adoration..... 6:00 p.m.
 Friday.....12:00 p.m.

Parish Staff
 Rev. Paul Muyimbwa.....Pastor
 Amy Woods.....Director of Religious Education
 Dr. James Gallatin.....Music Director
 Neil Walsh.....Director of Social Ministry
 Tia Marvin.....Parish Admin. Assistant
 Calvin Hoffer.....Maintenance Technician
 Rosana Enriquez.....Bookkeeper

Religious Education

Acts of the Apostles Bible Study

will begin again on Monday, September 10 at 7pm or Tuesday, September 11 at 9:30am and continue for the next 9 weeks. Contact Amy Woods to join this interesting study.

Youth Advisory Council Meeting

The Youth Advisory Council will meet on Sunday, September 16 starting with 8 a.m. Mass.

Confirmation Sponsors and Candidates

The first meeting for our teen Confirmation Candidates and their Sponsors is this Sunday, September 9 at 6:30 p.m. Sponsors and candidates need to attend.

High School Teens

Our first High School Religious Education Session will be Sunday, September 23 at 6:30 p.m. All 9th and 10th graders are invited to attend.

Religious Education

Next Sunday, September 16 is Service Weekend. No morning sessions. Families are asked to come help serve in the Soup Kitchen from 1-3 p.m. Contact Amy Woods at amy@sacredheartnorfolk.org if you plan to help. I need at least 4 families to volunteer. All families are asked to spend time together this weekend Being in service to others.

The Sacred Heart Wine Festival

is returning on Saturday, September 29 from 6:30-9pm. Tickets in advance are \$25 a person or a table of 6 for \$120. Tickets are on sale after all masses. Also look for the silent auction items to go on bid the weekend before the Wine Festival. Money raised goes to the youth ministry program as they raise money to attend the Diocesan and National Conferences. If you have items to donate for the silent auction, contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org. Thank you!

Young Adults: The Sacred Heart young adults will host MAP (mass, adoration, and pub) on Wednesday, September 12th. The young adults will meet for mass/adoration from 5:30-6:30 in the side chapel and then head over to Public House for dinner and drinks! We'd love to have you join us! Contact Gabby at youngadults@sacredheartnorfolk.org with any questions.

Middle School Youth Rally Saturday, October 20, 2018 at Bishop Sullivan Catholic High School from 9:15 a.m.-6 p.m. The Middle School Youth Rally is a one-day diocesan gathering of middle school (grades 6-8) youth from across the Diocese of Richmond. The cost is \$40 per participant, but NO one will be turned away because they cannot pay. **DEADLINE to sign up is Sunday, September 30!** Please email Amy Woods at amy@sacredheartnorfolk.org to get the registration form.

Justice and Peace

Thank you-



Bill Driscoll has served in our Kitchen on Sundays since the lunch program inception 26 years ago, and will be retiring as Team 4 Coordinator next month. He and Beth and family are tremendous supporters of Sacred Heart. His meals have always been praised by our guests. Thank you Bill.

Jeannine McDonnell is stepping down as Sunday Lunch Coordinator, and Team 2 Coordinator. Since joining Sacred Heart, she jumped in immediately to help out and will also be greatly missed. We wish her well as she moves on to other areas of service.

To Dan Doyle for stepping up to lead Team 1, Tom Horsch with Team 3, and Les Knight and Dana Bindon with Team 5. Please contact Neil Walsh to learn more about replacing Bill and Leanne.

Community News

FOR HEALING AFTER ABORTION,

a Rachel's Vineyard Retreat, sponsored by Church of the Epiphany, will be held **Oct 12-14, 2018**. This retreat



is for women and men who have known regret, sorrow, guilt, or shame from abortion. The weekend combines living scripture meditations, spiritual exercises, and discussions in a guided process that leads to the heart of God's love and compassion. If you would like to learn more about this retreat you can contact Marty Montgomery-Jennings at [804-704-0429](tel:804-704-0429), or Maggie Carlson at [804-432-2589](tel:804-432-2589) or email: RV4hope@gmail.com. Visit our website www.rachelsvineyard.org Inquiries, registration, and participation are strictly confidential.



From Fr Paul's Desk Meditations on the Mass

Primacy of Worship

According to the Second Vatican Council's Constitution on the Sacred Liturgy, "the sacred liturgy is principally the worship of the divine majesty" (33). Our attitude can often become overly focused on what we expect to get out of the Mass for ourselves (e.g., a thought from the readings or homily, fellowship with other believers, or perhaps simply a nice feeling from the experience). The liturgy has a dual purpose: it glorifies God, and it sanctifies mankind. However, like the first commandment, "You shall worship the Lord your God, and him only shall you serve" (Mt 4:10), there is a primacy in the glorification of God.



The Catechism declares that, "God's first call and just demand is that man accept him and worship him" (2084). We certainly come to Mass to derive nourishment and sanctifying grace for our souls, but our principal motivation ought to be an awareness of our deep primordial need to worship the divine majesty of our Creator and Redeemer.

Fr. Larry Young)

Is there a ceremony or preparation for baptized Catholics who never or seldom have practiced the faith? For Catholics who have been baptized, confirmed and made First Communion but then drifted from the faith, the way they return is through the Sacrament of Penance. Please contact Fr. Paul at 625-6763.



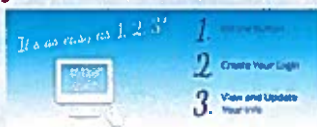
For those already Registered

Please help us update your information in our database!!!!

If you are already a registered member of the Parish please

Follow these steps to edit your information:

1. <https://richmond.parishsoftfamilysuite.com/Register.aspx>
2. Find Sacred Heart Church in Drop down menu
3. Enter a username
4. Your personal information
5. Enter your email
6. Once a Staff member accepts your information, 5-7 days Parish Soft will send you a username and Password



E-Giving

E-GIVING

During the summer months, please keep our parish in your heart wherever you may find yourself.



The EFT Portal is available at :

<http://www.sacredheartnorfolk.org/giving/>

or contact the office to assist you in setting up a recurring gift. 757-625-6763 or office@sacredheartnorfolk.org

Why Register?

Top Reasons to Register at a Sacred Heart

Registering is important if you wish to have a priest sign a church document for you, verifying that you are a practicing Catholic: Some examples of letter/documents requesting your active registration would be. Godparent (for baptism)-Sponsor for Confirmation-Entering into the Sacrament of Matrimony in another parish. Petitioning for adoption of a child.

- ◆ A sense of belonging and identity in a parish community.
- ◆ Registration enables the parish pastor and staff to get to know you better, to welcome you and to minister to you. This is important during a time of crisis so that the pastoral staff can attend to your spiritual needs and the needs of your family, especially after a hospital visit.
- ◆ Only registered parishioners have accounts and have their donations recorded for them. You will also receive a year-end statement of your donations for income tax purposes, which you will be able to print once you have registered through our online system. Kindly update your changes or call the office.
- ◆ These are not all of the circumstances where a signature, verifying your standing in the parish is required.

Community

DIVORCED? SEPARATED? WE CAN HELP!

Our next 13 week program begins Wednesday, September 12th from 6:30 p.m. to 8:30 p.m. in our CTK Parish Conference Room. Contact Tess Rozelle at theroze0305@aol.com for more information.

