

Sunday, January 6
 Readings: Is 60:1-6
 All Day Blessing of New Parishioners
 All Day Epiphany of the Lord
 8:00 am Mass/Louis Daniel Jr.
 9:15 am RE K-8
 10:00 am Choir Practice
 11:00 am Mass/Patricia Bernat
 1:30 pm Soup Kitchen #1

Monday, January 7
 Readings: 1 Jn 3:22-4:6
 7:00 pm J&P Meeting
 7:30 pm Centering Prayer

Tuesday, January 8
 Readings: 1 Jn 4:7-10
 6:00 am Catholic Worker
 9:30 am The Bible Timeline Room 215
 5:30 pm Mass/Fr. Kauffmann
 7:00 pm The Bible Timeline

Wednesday, January 9
 Readings: 1 Jn 4:11-18
 9:30 am Weekly Staff Meeting
 12:00 pm Support Group Meeting
 5:30 pm Young Adult-MAP
 5:30 pm Mass/Arthur & Argentina Lovisi
 6:00 pm Eucharistic Adoration

Thursday, January 10
 Reading: 1 Jn 4:19-5:4
 6:00 am Catholic Worker
 6:30 pm RCIA
 7:30 pm Choir Practice

Friday, January 11
 Reading: 1 Jn 5:5-13
 12:00 pm Daily Mass/Scott Harper

Saturday, January 12
 Readings: 1 Jn 5:14-21
 4:30 pm Reconciliation
 5:30 pm Mass/Arthur Lovisi Jr.

Sunday, January 13
 Readings: Is 40:1-5, 9-11
 All Day The Baptism of the Lord
 8:00 am Confirmation Retreat
 8:00 am Mass/Fred Weston
 9:15 am RE K-8
 10:00 am Choir Practice
 11:00 am Mass/Jim & Ann Griffin
 12:00 pm Levering Baptism
 12:00 pm Rosary Group
 1:30 pm Soup Kitchen #2
 4:00 pm The Gathering
 4:00 pm Contemporary Music Practice



They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh. - Mt 2:10-11

January
 The Bible Timeline.....Jan 8th
 The Baptism of the Lord.....Jan 13th
 Levering Baptism.....Jan 13th

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Thomas Van de Castle,
 Dillon Scherger, Michael Schaefer,
 Giovanni Ordoñez, Charlie Gough

If you would like to add or remove a name from this list, contact us at:
 office@sacredheartnorfolk.org or 625-6763.

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul, Dan Reeves, Dr. Sal Barr,
 Kara Cusano, Ellen Schöepf, Eileen Powell,
 Chris Kennedy, Andrew Wilcox, Terry Kelly,
 Peter Callo, Alan Morton, Edie White,
 James McMally, Gail Anthony, Sebastian Bonaiuto,
 Elizabeth Von Tersch, Ann Hennelly, Betsy Murray,
 Barbara Hudgins, Eileen Abrahamsen,
 St. Gabriel Parish, Calvin Hoffler, Jean Ridley

January 6, 2019

EPIPHANY
 OF THE LORD

"Behold, magi from the east arrived in Jerusalem, saying 'Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage.'" How strange to journey so far for perhaps so little. Of course the magi go to the capitol city. Of course they entreat with King Herod. Of course this is where they expect newborn royalty to be. But where is the child? "In Bethlehem of Judea," the scribes say. And so the magi go on to what is yet another Christmas miracle.



We don't know where the magi met the Christ Child, but it cannot have been lavish. Perhaps it was the stable. Perhaps it was a small hovel Joseph had found to wait out the census. But it would have been the home of a laborer, worn and threadbare. Here, in this unassuming abode, the magi are still "overjoyed...they prostrated themselves and did him homage."

Have you ever gotten to the end of a great work and found the results to be underwhelming? How did you respond? Were you disappointed or elated at God's providence and your upended expectations? The magi journeyed hundreds of miles over treacherous terrain to pay homage to royalty they have seen prophesied in the stars. They encountered an ordinary family displaced from their home. This Sunday, the magi are an example for us. Can we see God in the unexpected? Do we encounter Him in the person who doesn't fit our expectations of propriety? Do we revere Christ's presence in the poor? Or do we expect to meet God only in places of honor and esteem? This week, ask God for the grace to honor Him in the unexpected places and unassuming people. He is waiting for you!

INSPIRATION FOR THE WEEK

"The Story of the Other Wise Man" by Henry Van Dyke was first published in 1895. It tells the fictional story of Artaban, a fourth wise man who began a journey to visit Jesus, the newborn King. Unlike his fellow Magi, he failed to make it there for the birth of Jesus because he kept pausing to help various people in need. In fact, it took him about 33 years of searching before his quest comes to an abrupt end when he is hit in the head with a falling roof shingle. His final breath takes place in Jerusalem near the place where Jesus is being crucified. As he lies dying, he hears the voice of Jesus telling him that the gifts he has given all along the way to "the least of these" he has actually given to Jesus himself.

If you have never read this story or seen the made-for-television movie based on the tale, you really should seek it out. It is a story that reminds us of a profound truth: Jesus himself rests in the lives of all those around us in need. In the story, it was the wise man's constant response to a stewardship call that prevented him from getting where he wanted to go. In the end, where he needed to go was more significant than where he thought he should go.

If we live lives of generosity and graciousness, we may find ourselves on constant detours from the road on which we are traveling. It is in the detours and the unexpected circumstances of our journey that often times we find our true purpose in life. We think God is somewhere we must travel to, when in reality, God is closer than we think in the least likely of places.

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NORFOLK, VIRGINIA
Website: www.sacredheartnorfolk.org
Phone: 757-625-6763 | Fax: 757-627-1965
Email: office@sacredheartnorfolk.org

Parish Office Hours
Mon-Thurs: 9 a.m.-3 p.m.
Fri: 9 a.m.-Noon
Nursery Hours- 11:00 am mass
Rosary- 2nd Sunday after 11:00 am mass

Reconciliation
Saturday.....4:30

Mass Schedule
Saturday.....5:30 p.m.
Sunday.....8:00 and 11:00 a.m.

Daily Mass
Tuesday.....5:30 p.m.
Wednesday.....5:30 p.m.
Wednesday Eucharistic Adoration..... 6:00 p.m.
Daily Mass Friday.....12:00 p.m.

Parish Staff
Rev. Paul Muyimbwa.....Pastor
Amy Woods.....Director of Religious Education
Gina Vitale.....Faith Formation Admin. Assistant
Dr. James Gallatin.....Music Director
Neil Walsh.....Director of Social Ministry
Tia Marvin.....Parish Admin. Assistant
Calvin Hoffler.....Maintenance Technician
Rosana Enriquez.....Bookkeeper

Our Mission
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.



Registration of New Parishioners
Online Registration:
www.sacredheartnorfolk.org/parish-registration
Or
Registration Session December 23, 2018
Room 305
Or
Contact parish office at
625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation
For more information, contact Amy Woods at
625-6763 or amy@sacredheartnorfolk.org.

Ministry to the Sick & Homebound
If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Prayer Chain Ministry
Contact Susan Daniel with prayer requests at
436-2324 or susdan@me.com

RCIA at Sacred Heart
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets every Thursday at 7 p.m. Contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Sacred Heart Young Adults Group (21+)
For information about the young adult scripture discussions and monthly socials. Contact Gabby at youngadults@sacredheartnorfolk.org

From Fr Paul's Desk Meditations on the Mass

Greek, Hebrew and Latin in the Mass



Did you know that sometimes you pray in Hebrew, Greek and Latin during the Mass? Towards the beginning, in the penitential rite, there are many different options for the priest and the deacon to choose from to lead the congregation in an act of repentance.

One of those options is to say, "Lord have Mercy, Christ have mercy, Lord have mercy". Often we use the Greek version, "Kyrie Eleison, Christe Eleison, Kyrie Eleison". We also use Hebrew words such as Hosanna, Sabaoth, Alleluia, and Amen.

The "Holy, holy, holy" and the "Lamb of God" are often chanted in Latin. All this can take place within a Mass that is predominantly said in English. It is very good for us to maintain contact with these ancient languages. Even if it pushes us slightly out of the comfort zone of our own native tongue, it makes us realize that we are connected to a Tradition that is far bigger than the 21st century United States of America. (Fr. Larry Young).

Mass Intentions

As we move on in the history of the church, we might forget that Mass Intentions is part of our faith for the salvation of souls in purgatory.

Parishioners are reminded to not only remember their deceased loved ones, family and friends in prayer but to offer Masses throughout the year on anniversary dates and other special occasions. Forwarding a letter of request to the parish office and a stipend is encouraged. There is no greater honor to the deceased person than to offer the Holy Sacrifice of the Mass to our Lord in their names.

Is there a ceremony or preparation for baptized Catholics who never or seldom have practiced the faith?

For Catholics who have been baptized, confirmed and made First Communion but then drifted from the faith, the way they return is through the Sacrament of Penance. Please contact Fr. Paul at 625-6763 to schedule an appointment.

Ministry Scheduler Pro

Please volunteer to sign up for special masses & regular mass using MSP. If you have any questions or concerns or need assistance, please email the office at office@sacredheartnorfolk.org

IRA ROLLOVER

Don't forget! You still have time to make a tax-deductible gift to our parish. If you have an IRA and you're 70 ½ years old, you can make a gift to our parish through an IRA Charitable Rollover. It helps you and helps us. How it helps you: it can lower your taxable income, count towards your required minimum distribution, and help you feel good about giving to our parish.

How it helps us: we can put your gift to use right away in providing financial support to our ministries throughout the parish. For more information, call your IRA administrator, tax preparer or the parish office.

Please help us update your information in our database!!!!

If you are already a registered member of the Parish please

Follow these steps to edit your information:

1. <https://richmond.parishsoffamilysuite.com/Register.aspx>
2. Find Sacred Heart Church in drop down menu
3. Enter a username
4. Your personal information
5. Enter your email
6. Once a Staff member accepts your information, 5-7



E-GIVING

Please keep our parish in your heart wherever you may find yourself this season.

The EFT Portal is available at :
<http://www.sacredheartnorfolk.org/giving/>
or contact the office to assist you in setting up a recurring gift (757)-625-6763 or office@sacredheartnorfolk.org

Community News

11th Annual Rachael's Vineyard Retreat

A Rachael's Vineyard Weekend Retreat will be held January 25th-27th at The Williamsburg Christian Center in Toano, VA sponsored by St. Joan of Arch Church. The weekend retreat includes, spiritual exercises, the Sacrament of Reconciliation, a Mass of Entrustment and is available to women, men and anyone adversely affected by an abortion.

Participation is strictly confidential and offers a beautiful opportunity to experience God's love, forgiveness, and compassion. To register contact: Linda Riva at (757) 887-3144; email: lindajr2@yahoo.com

Religious Education

Youth Group Bible Study

The teens have asked to start a monthly Bible Study. It will begin next Saturday, January 12th at 6:30pm (Immediately following the 5:30pm Mass) bring a snack to share.

Sacred Heart Gathering

The next program will be held on Sunday, January 13th from 4:45PM - 7:15PM. The discussion topic will be the Sacrament of Baptism. For those who have not attended a Gathering program before, this is an event for the entire household. It includes a free, family-style meal with separate, age-appropriate presentations/discussion for adults/youth and children. The nursery will be open for young children. Sign-ups will be held in the commons after each mass to allow for an accurate food estimate. For questions, please contact Tom Bosse at email :tebosse@aol.com, or phone: 757-853-2513.

Soup Kitchen

The First Sacraments Families are asked to help serve at the Soup Kitchen on Sunday, January 20th from 1-2:30pm. Contact Amy Woods at amy@sacredheartnorfolk to confirm your attendance.

Christmas Book

If you didn't get a copy of the Christmas book "The Biggest Lie in the History of Christianity" by Matthew Kelly, there are still some available in the commons. Thank you to the generous parishioner who donated 500 copies as a Christmas gift to the parish.

Attention Confirmation Teens

Our Confirmation retreat is next Sunday, January 13th starting with 8am Mass. Please check in with Amy Woods when you arrive.



You Can Understand the Bible!

If you want a better understanding of our faith, and a deeper relationship with God,

then you should join us for The Bible Timeline Bible Study, beginning January 8th at 9:30am or 7pm. By being a part of this study, you will not only benefit personally, but you will also help to bring about a profound renewal in our parish as we all grow closer to Christ.

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. The study takes you on a journey through the entire Bible and brings you deep into each period of salvation history, so that you can discover the amazing story woven throughout all of Scripture.

The study will include a series of twenty-three videos presented by Jeff Cavins, short questions, and group discussion. We will begin The Bible Timeline on January 8 at 9:30am or 7pm. For more information or to register contact Amy Woods at 757-625-6763 or amy@sacredheartnorfolk.org

Religious Education

A special thank you to everyone who helped with the Mary Louise Clarey funeral on December 28. The celebration of her life could not have happened without your hard work. Thank you!



Also, Thank you to everyone (especially our leader, Eric Singer) who helped to decorate the church, the commons and the pastoral center for Christmas. It is beautiful!

Justice and Peace

Soup Kitchen Opportunity Now Available!

Sacred Heart needs a new head cook for the 4th Sunday team. Both support and training are available- menus are simple and available. Hours- 9-11am.

Inquire at Jeannine (jmcdonnell@cleanestchoice.com) or Neil (neil@sacredheartnorfolk.org)

NEST

NEST is coming to Sacred Heart Our week to shelter our homeless sisters and brothers is Wednesday, February 13th through Wednesday, February 20th, 2019. It takes about 200 people to make the week run successfully, donating their time for morning, evening or overnight shifts, or donating food, socks, toiletries and other items to give to our guests. We will have sign up pages in the commons soon but you can sign up now electronically.

To sign up to donate food, the link is <http://signup.com/go/OhqXmeM>. To sign up to work one or more shifts, the link is <http://signup.com/go/EghJugJ>. Please consider giving of your time and talent to this most worthwhile effort. Questions? Contact Neil Walsh at (757) 625-6763 x19 or neil@sacredheartnorfolk.org.

There will be a NEST Planning and Training Meeting on Monday 14 January at 7 pm for both leadership people and also everyone interested in learning more about this important community outreach program. If necessary, the meeting will be repeated on 21 January.

ADVENT GIVING TREE, THANK YOU

Thank you to all who participated In our Advent Giving Tree. Thanks to your caring generosity, we were able to provide Christmas gifts for 97 children on Virginia's Eastern Shore and made a generous contribution to furnishing playground equipment for the children at St. Gabriel school in Haiti. Your gifts bring the light of Christ's love to those in need during this special time of sharing and caring. Thank you! ¡Gracias! Mesi anpil!